

REGLEMENT

GRAVEL MARATHON SCHLIERSEE-THIERSEE 2027

1. EVENT DETAILS/PARTICIPATION REQUIREMENTS

What is the SCHLIERSEE-THIERSEE GRAVEL MARATHON (hereinafter referred to as GST), who is eligible to participate, and what do you need to be able to do?

In the SCHLIERSEE-THIERSEE GRAVEL MARATHON, participants face a very special challenge:

In addition to the demanding course distances of 21 km, 32 km, and 42 km, participants must navigate various terrain types, including significant elevation gain and loss on both uphill and downhill sections. Prior alpine experience is not required, but participants should be sure-footed.

By signing the liability waiver, each participant confirms their full fitness to participate in sports. If you have any doubts about your fitness to participate,

or if you are ill or injured, it is recommended that you consult a doctor to clarify the situation.

All participants must be at least 18 years old. With written permission from a parent or guardian, participants aged 15 and older may participate exclusively in the half marathon and the relay race.

2. PARTICIPANTS' AUTONOMY

Each participant must be able to navigate the course without outside assistance. The GPX data available for download on the website must be transferred to a compatible mobile device (watch, smartphone, or similar). The course markings will be checked for accuracy by the organizer prior to the race. However, there is no guarantee of their completeness or accuracy. The course markings consist of marking tape, chalk spray, and signs. At critical points, the course will be secured by course staff.

3. COURSE

The route runs from Schliersee, Bayrischzell, or Fischbachau to Thiersee.

Three routes are offered, including one relay race:

- | | | |
|---------------------------|-----------|--------|
| • Marathon: | 42,195 km | 383 hm |
| • Three-Quarter Marathon: | 33,65 km | 368 hm |
| • Half Marathon: | 21,1 km | 304 hm |

4. SCORING CATEGORIES

The GST features eight competition categories, each with 1st through 3rd place awards, provided that the minimum number of 15 participants is reached in each category. If the number of participants in a category falls below this minimum, that category will be combined with the next higher one:

- MEN and WOMEN
- MASTER MEN and MASTER WOMEN (ages 40 and up)
- SENIOR MASTER MEN and SENIOR MASTER WOMEN (ages 50 and up)
- GRAND MASTER MEN and GRAND MASTER WOMEN (ages 60 and up)

The following applies to all age groups: The cutoff date is the start date of the event.

5. BIB-NUMBER AND TIMING

The race number is non-transferable. Each participant will receive their personal race number upon registration after confirming the liability waiver (signed online during registration), acknowledging the online briefing, and presenting their own ID. The race number must be worn in full view on the front of the body (upper body, thigh) during the race and must not be removed or altered. The personalized race number includes an integrated timing system.

6. CLOTHING/EQUIPMENT

The following equipment list contains the mandatory gear for the GST.

- Collapsible cup (or similar) for drinking at the aid stations
- Emergency blanket to stay warm in case of an emergency
- Food packaging carried along the route must be labeled with your race number
- Mobile device for GPX track
- A water-repellent jacket must be carried and may be declared mandatory depending on conditions on race day

Recommended Equipment (which may be designated as mandatory at any time depending on weather conditions):

- Warm clothing (long-sleeved top or spare T-shirt and arm warmers + long pants or leg warmers) as an insulating layer under outerwear - the basic rule here is that no skin should be visible!
- Gloves and a hat

7. BRIEFINGS/START

On race day, the lineup begins 30 minutes before the first official start time. The latest updates will be announced in the starting area 15 minutes before the first starting gun is fired.

8. NEUTRALIZED START

During a neutralized start, passing the lead bike is not allowed.

9. COURSE MARKINGS

The route is marked with chalk spray, signs, marking tape, flags, etc. Unfortunately, it is possible that markings may be removed by third parties, disappear, or be obscured by fog or snowfall. We recommend downloading the official GPX track to a mobile device (phone, smartwatch, etc.).

10. CONTROLL- & AIDSTATIONS

Aid stations: There are 3 refreshment stations along the course at KM 10, 20, and 30, offering a variety of beverages, fruit, food, and hot drinks. In addition, there are 4 water stations at KM 5, 15, 25, and 35.

Checkpoints: At the checkpoints, all participants must cross the timing mat there to be included in the official results.

Medical Checkpoints – MEDICAL CHECK – Triage:

Everyone is required to pass through the medical checkpoints (triage). You must follow the instructions of the medical staff. If there are any concerns regarding mental and/or physical performance, individual participants may be asked to undergo a medical check. However, you can also receive help or advice here.

11. TIMELIMITS/FINISH

The time limits at the major refreshment can be seen on the [website](#).

12. TIME PENALTIES & DISQUALIFICATION

Violations of the rules may result in time penalties ranging from 5 to 120 minutes or even disqualification. Note: In this case, the entry fee will not be refunded. To avoid this, the following points must be observed:

All participants are required to comply with the provisions of these regulations, in particular the eligibility requirements set forth in Section 1 and the GST rules set forth in Section 18.

The instructions of the official event staff must be followed. On public roads, the provisions of the Road Traffic Code (StVO) apply.

Rule violations will be penalized with time penalties or disqualification depending on their severity. When assessing violations, particular consideration must be given to any potential danger to others, intentional actions, and the impact on the sporting competition.

1. Time Penalties

40-minute time penalty

Failure to comply with explicit instructions from official event staff, provided that this does not pose an immediate danger. Significant violations of traffic laws that do not pose a concrete danger to other road users.

30-minute time penalty

Failure to render assistance in a recognizable medical emergency, provided that assistance is possible and reasonable.

25-minute time penalty

Leaving pasture gates or barriers open that must be closed after passing through.

Intentionally leaving the marked course without taking a shortcut or gaining a competitive advantage.

15-minute time penalty

Intentionally obstructing other participants without posing a specific danger.

Unsportsmanlike or offensive behavior toward participants, volunteers, or event staff.

Relay handoffs outside the officially designated transition zones.

2. Disqualification

The following violations result in disqualification:

Intentionally taking a shortcut on the prescribed course.

Intentionally or through gross negligence endangering other persons, in particular through dangerous violations of traffic laws.

Repeated failure to follow instructions from official event staff.

Repeated violations of the provisions of these regulations that have already been penalized with a time penalty.

Discarding or leaving trash outside the designated areas.

Refusal to allow an inspection of the required mandatory equipment.

Proven violations of the anti-doping regulations applicable to the event.

3. Repeated Rule Violations

Time penalties are imposed separately for each rule violation that is detected.

A second detected rule violation punishable by a time penalty results in disqualification. This also applies to different types of violations.

A prior warning is not required.

Serious violations may result in immediate disqualification even upon the first occurrence, provided that this is stipulated in these regulations.

4. Course Route and Traffic

Participants must generally stay on the officially marked course.

Temporarily leaving the designated course—for example, to safely pass another rider or avoid an obstacle—does not constitute a violation of the rules, provided that it is permitted under traffic laws, does not create a hazard, and does not result in a competitive advantage by taking a shortcut.

Anyone who accidentally leaves the course must return to the point of deviation and continue the race from there.

Intentionally taking a shortcut will result in disqualification.

Traffic laws must be obeyed at all times. Traffic violations that pose a concrete danger to others will result in disqualification.

5. Mandatory Equipment

All required mandatory equipment must be carried at all times throughout the event.

Official event staff are authorized to inspect the mandatory equipment before the start, during the race, and after crossing the finish line.

The absence of individual pieces of equipment that are not safety-related will result in a 30-minute time penalty.

The absence of safety-related mandatory equipment, as well as refusal to submit to an equipment inspection, will result in disqualification.

6. Providing Assistance and Time Credits

In the event of an apparent medical emergency, all participants are required to help the best of their ability and to the extent that it is reasonable to do so, and to notify emergency responders or event staff if necessary.

Any time delay demonstrably caused by providing assistance will be credited upon request, following review by race officials.

Intentionally refusing to provide reasonable assistance in the event of a recognizable medical emergency will result in a 30-minute time penalty. Legal obligations to provide assistance remain unaffected.

7. Environmental Protection and Private Property

Littering or leaving trash along the route is prohibited and will result in disqualification.

Private property may only be entered on foot or by vehicle within the officially approved course route.

Relieving oneself on private property without the consent of the property owner is prohibited and will result in a 30-minute time penalty. A repeat offense will result in disqualification.

8. Determination of Rule Violations and Appeals

Rule violations may be determined through observations by official event staff, track marshals, timing data, GPS records, or other appropriate evidence.

Race control will review the available evidence and decide on the penalty in accordance with these regulations.

Affected participants must be informed of the violation and the penalty imposed.

Appeals against penalties may be submitted to race control within 30 minutes of the penalty being announced.

Race control will review the appeal and communicate its decision. Legal rights remain unaffected.

9. Health Requirements for Participation

All participants must meet the health requirements for participation as specified in Section 1.

If there is a recognizable and significant health risk, race officials are authorized to exclude participants from further participation for safety reasons.

Such an exclusion for medical or safety reasons does not constitute a sporting disqualification due to a rule violation.

13. DROPPING OUT

If a participant is eliminated from the race, they must make their own arrangements to leave the area. Once eliminated, participants are not entitled to transportation.

14. MEDICAL SUPPORT

Start/Finish Area: Your health is important to us. Medical services are available one hour before each start and one hour after the last runner has finished.

During the Race: Safety comes first. That's why the Alpine Medics team is on standby along the course for any potential rescue operations. If anyone is in distress, the medical info hotline must be contacted immediately. Every participant is required to provide first aid. Don't worry: the time lost will be credited back to you.

In nature, unforeseen circumstances can always arise that delay immediate assistance. Everyone is called upon here—through personal responsibility and self-discipline. Alpine Medics may at any time disqualify and remove from the race any participant who is no longer able to complete the race under their own power, or who can only do so at the risk of endangering their own health and/or that of the course staff or Alpine Medics.

What else is Alpine Medics authorized to do? First, they may examine participants from a medical perspective and inspect the mandatory equipment; transport or evacuate participants using appropriate means of transportation; and take them directly or via public emergency services to the nearest suitable hospital if their condition requires it.

The participant is responsible for the costs of any rescue operation outside the scope of Alpine Medics' services.

MEDICAL INFO HOTLINE: +49 8324 933 550

EURO EMERGENCY NUMBER 112

The medical info hotline number is printed on the back of the race bib and must be saved in your cell phone. If the medical info hotline cannot be reached, contact the emergency number 112 immediately.

15. DOPING

Any instance of doping results in the immediate disqualification of the participant in question. Intravenous infusions are prohibited without a medical exemption, even in cases of exercise-induced dehydration. The race physician decides on justified medical uses in accordance with WADA regulations. Doping tests may be conducted at any time.

16. OUTSIDE ASSISTANCE

Outside assistance (from spectators, support staff, or other participants) is prohibited! This also means that it is prohibited to accept drinks or food from helpers along the course. This will result in a 20-minute time penalty. Exceptions:

- At the official aid stations and in the start/finish area, you may accept food and/or drinks from support staff
- In the event of falls, injuries, or other emergencies, you may accept assistance (in any form) at any time along the course.

17. ENVIRONMENT & NATURE

Gravel runners are not polluters. Therefore: Dispose of trash only at the aid stations and do not intentionally damage the natural environment. Intentional littering will result in the participant's disqualification.

18. THE RULES

The GST takes place on public and non-restricted areas, streets, forest roads, and hiking trails.

Participants must always comply with the traffic laws of the respective state. All participants must follow the instructions of the police and official course personnel. Particular attention must be paid to traffic at railroad crossings and road crossings, and participants must follow the instructions of safety personnel. If necessary, participants must wait until trains or vehicles have passed the crossing.

Support by bicycle is prohibited. Any disruption to the race caused by support vehicles of any kind will result in the disqualification of the participant being supported. If support vehicles are encountered on sections of the route closed to public traffic, this will result in the immediate disqualification of the participant being supported.

For reasons of nature conservation, it is strictly prohibited for those accompanying individual participants to litter or damage the course or the surrounding natural environment. This includes, in particular, spraying or painting on the course. Any violation will result in the immediate disqualification of the participants who were assisted or were to be assisted.

Anyone who disposes of trash—such as food packaging, bottles, or drink cups—in the natural environment instead of at the refreshment stations will be immediately disqualified.

Fixed, mechanical connections between runners are prohibited for safety reasons. Any violation will result in disqualification.

All participants and teams are expected to act with consideration, sportsmanship, and fairness.

19. PROTEST & JURY

Any participant may file a protest at the Race Office regarding rule violations by other participants or decisions made by race officials up to one hour after the finish line closes and may name witnesses. A jury will then rule on the protest within 24 hours. All named witnesses must appear for the hearing. The protest fee is €100.00. If the protest is unsuccessful, the protest fee is retained by the organizer. The violations listed above, which may result in time penalties or disqualifications, represent only a selection of other possible actions that may be subject to penalties.

20. TERMINATION BETWEEN PARTICIPANTS AND THE ORGANIZER

The organizer reserves the right to terminate the contract with each individual participant until the official end of the event, in the form of a right of withdrawal pursuant to Sections 324 and 241(2) of the German Civil Code (BGB). Settlement shall then be handled in accordance with Section 346 of the German Civil Code (BGB).

21. WEATHER & OTHER CONDITIONS

The event will take place regardless of weather conditions or terrain. In exceptional circumstances that could endanger the health of participants, the organizer reserves the right to postpone the start time, shorten the race, or cancel the event entirely.

The race and organizing committee reserves the right to make changes to these regulations at any time.

Note: For the sake of readability, the masculine form has been used in some parts of the text; nevertheless, the information applies to people of all genders.

Stand: 28.10.2026