

# Conditions of Participation & Regulations

## 3RIDES Gran Fondo



### Event-Location

On Sunday, May 12, 2024, the start/finish and number distribution of the 3RIDES Gran Fondo will be located on the grounds of the CHIO Aachen.

CHIO Aachen  
Albert-Servais-Allee 50  
52070 Aachen

### Participation requirements

The 3RIDES Gran Fondo is part of the UCI Gran Fondo World Series and is open to licensed amateurs and hobby athletes who have reached the age of 19. By taking part, each rider undertakes to check his/her own health requirements, if necessary, by consulting a doctor, and to be able to prove this on request. Licensed riders must carry their licence with them and show it at the issue of numbers.

### Registration / Starting documents

The starting documents will be handed out on presentation of an official identity card + medical certificate **or** the race licence. If the participant is unable to attend, he/she must ensure that the starting documents are collected by a person with written authorisation.

Collection of the starting documents:

Saturday, 11 May 2024, 10:00 am. - 06:00 pm.

Sunday, 12 May 2024, 05:00 am. - 06:00 am. (emergency)

Each participant is obliged to make sure that the data recorded is correct when collecting the participant documents. Corrections can only be made by the 3RIDES Orga-Team until the end of the race number collection. There is no entitlement to a subsequent change/correction.

### Course / Distance

The route is signposted, 120 kilometres long and closed with a 45-minute grace period. Route marshals secure the route during this time. Drivers who are overtaken by the "Catcher Car" outside the grace period are then no longer on a closed track, but in flowing traffic and must comply with the road traffic regulations. (For more information, see [Closing time](#)).

### Age Groups

#### 120 KM

- Age Group 19 – 34 (Men & Women)
- Age Group 35 – 39 (Men & Women)
- Age Group 40 – 44 (Men & Women)
- Age Group 44 – 49 (Men & Women)
- Age Group 50 – 54 (Men & Women)
- Age Group 55 – 59 (Men & Women)
- Age Group 50 – 64 (Women)
- Age Group 60 – 79 (Men)

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### **Start, starting order & starting blocks**

#### 07:00 Start group 1

Age Group 19 – 34 (Men & Women)

#### 07:02 Start group 2

Age Group 35 – 39 (Men & Women)

Age Group 40 – 44 (Men & Women)

#### 07:04 Start group 3

Age Group 44 – 49 (Men & Women)

Age Group 50 – 54 (Men)

Age Group 55 – 59 (Men)

#### 07:06 Start group 4

Age Group 50 – 64 (Women)

Age Group 60 – 79 (Men)

The first 7 kilometres are neutralised through the city of Aachen. Then there is a flying start.

Each participant will be allocated a starting block in the respective age group with the accreditation. He/she must start the race from this starting block. Starting from a starting block of a younger age group will be penalised with disqualification. Each participant is obliged to be in his/her starting block at least 15 minutes before the start of the race. The signposted entrances are to be used. There is no ranking within a starting block. Participants who arrive first at the starting block must line up at the front of the starting block so that the following participants can move up and the entrance area of the starting block remains free. It is not allowed to enter the starting block by crossing the barrier fences and/or to push in front.

### **Feeding / Technical Zone**

- The 3RIDES Gran Fondo has a Feeding / Technical Zone: 36km (Jägerhausstraße, Lammersdorf) and 76km (Forsthaus Hochau, Simmerath). This is marked with signs.
- There are 2 types of feeding: feeding by a supervisor or independent feeding.
- For independent catering, the participant must first give a clearly visible hand signal, then get into the left-hand lane, enter the catering channel from the racecourse in a considerate and prudent manner and stop completely. The entry into the food channel will be indicated by signage. In case of a defect, a technical support with tools, spare material and stand pump will be available to the participant. However, the participant has to fix the problem on his/her own.
- In order to receive food from a support person, the participant must first give a clearly visible hand signal, then get into the right-hand lane and receive his/her food from the support person. In the event of a technical defect, the participant is allowed to install replacement wheels, but he/she must do this on his/her own. In the case of other technical defects, the participant must repair them without outside assistance.
- Feeding is only allowed in the designated Feeding / Technical Zone.

### **Timing & Safety on the Track**

#### Timing & Transponder

All participants will receive a timekeeping transponder with their starting documents. The transponder must be attached in accordance with the regulations. Participation without a transponder is not possible. The timing of the 3RIDES Gran Fondo is done individually and electronically. The timing will be done by means of transponder technology. The results will be compiled according to the UCI Gran Fondo World Series regulations with a combined gross and net time recording. The first 25% of the respective age group will be counted for the result of the race with their net time according to the transponder.

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We urgently and expressly ask you to refrain from potentially dangerous driving manoeuvres at the finish. There are always avoidable crashes due to lack of bike control, especially in the finish sprint. After the finish, it is urgently necessary to turn left and leave the racecourse via the turn-off to the athletes' area.

Drivers who are hopelessly behind in the race can continue on the route in compliance with the Road traffic regulations but will be taken out of the race by the stewards. The seat post number with transponder must then be removed.

### Emergency number

In the event of a fall and a resulting race cancellation, only call the following emergency number:  
+49 177 8393130.

### Closing time

Riders who are overtaken by the "Catcher Car" outside the 45-minute grace period are no longer on a closed-off stretch of road, but in flowing traffic and must comply with the road traffic regulations. You can finish the race and your time at the finish will be included in the overall standings. From 11.30 a.m. the access road to the CHIO Aachen grounds will be closed due to the UCI Gravel Start. The riders will be guided to the finish by marshals via an alternative route.

### **Results & Award Ceremony**

The results of the 3RIDES Gran Fondo will be published directly after the finish on the jury car and at the bib pick-up. The results will also be available on the website of the timekeeping service provider. The participant can thus check the results and the qualified riders for the UCI Gran Fondo World Championships himself/herself. This website, which will also include the start list, will be live and accessible via a link from the 3RIDES homepage from Wednesday 08 May 2024.

The winners of the 3RIDES Gran Fondo will receive a UCI jersey per category on the podium. The qualified male / female participants will receive a UCI qualification medal, which can also only be collected on site. The award ceremony will start with the overall and age group winners from 12.30 pm.

### **Rulebook**

- Each participant must behave in such a way that he/she does not endanger or harm any other road user or participant in the event.
- No participant may prevent another participant from passing or from developing full speed. Pushing, laying on, pushing off or pulling away for the purpose of personal or mutual advantage, as well as other obstructions, such as suddenly leaving the line of travel or stopping during or at the end of the race without compelling necessity, is prohibited and will be penalised.
- The use of electronic means of communication during the race is prohibited and will be penalised with disqualification. The use of playback devices with headphones or earphones is also prohibited, as well as filming, photographing, telephoning and text inputting on mobile phones or similar actions.
- Emergency vehicles with special signals (flashing blue lights and/or siren) of the police and fire brigade, ambulances and security vehicles must always be given priority and must be allowed to pass immediately by all participants by driving on the right half of the lane.
- ATTENTION: Vehicles on special duty (e.g. rescue services) may enter the race track at any time, if necessary also in the opposite direction!
- It is forbidden to throw away waste and drinking bottles outside the sections of the track marked as "Feeding Zone".
- Helmets are compulsory for all participants of the event.
- Gravel bikes, mountain bikes or racing bikes are permitted for the race.

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### Penalty catalogue

Penalties shall be imposed solely by the Race Direction. The penalties shall be in accordance with the catalogue of penalties listed below. The race management is also entitled to impose penalties for offences that are not part of this catalogue. The penalty will then be determined by the race management.

Type of offence	Penalty
Jumping the queue on the grid	Warning
Lining up in the wrong starting block	Disqualification
Unsportsmanlike driving / Unsportsmanlike conduct	Warning or disqualification
Dangerous driving	Warning or disqualification
Deliberate dangerous driving	Disqualification
Starting line-up with an irregular bicycle	Grounding
Use of an irregular bicycle in the race	Disqualification
Removing the crash helmet in the race	Disqualification
Modified or irregular attachment of start numbers	Warning or two-minute time penalty
Spine or frame numbers invisible / not recognisable	Warning or two-minute time penalty
Deviation from the chosen driving line with danger to competitors	Disqualification
Illegal sprint	Disqualification
Pulling off on the jersey	Two-minute time penalty
Intentional obstruction of a racer	Warning or two-minute time penalty or Disqualification
Deliberate deviation from the course	Disqualification
Attempt to be classified without having completed the entire course	Disqualification
Illegal mechanical assistance	Warning or five-minute time penalty
Unregulated feeding	Warning or one-minute time penalty
Non-compliance with the instructions of the race management or the stewards	Warning or one-minute time penalty
Insult, threat, improper behaviour	Disqualification
Assault by racers against other persons	Disqualification
Carrying a glass container	Disqualification
Throwing away an object contrary to the rules	Warning or one-minute time penalty
Throwing away a glass object	Disqualification
Non-participation in the award ceremony	Loss of the gifts of honour
Wearing clothing that is hazardous to safety	Warning or two-minute time penalty
Driving on the finishing straight against the direction of the race	Disqualification
Using headphones or earphones	Disqualification

### Important information

#### Parking

All visitors of the 3RIDES follow the APAG parking guidance system. There are sufficient parking spaces available at the CHIO grounds. The costs for a visitor parking space are 5,00 Euro. No parking fee will be charged for collecting the start numbers upon presentation of the registration confirmation.

#### Lockers

There will be no lockers at the event!

#### Toilets

There are sufficient toilets available on the entire CHIO site.

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### Bike-Parking

In the athletes' area, the participants can park their racing bikes in a locked area.

### Bike Wash

There are 2 bike wash facilities available in the athletes' area.

### Personal photos of the event

Our partner Sportograf will take photos of all participants during the 3RIDES Gran Fondo. The photos and photo packages can be purchased at Sportograf.

### **Cancellation, termination of the event due to force majeure**

The organiser may cancel or terminate the event due to force majeure (severe weather, terror warning, pandemic, etc.). This also includes cancellation due to official requirements. In this case, the participant is not entitled to a refund of the organisation fee (€ 10.00). The remaining participation fee and the booked additional services will be refunded to the participant. The participant has no claim to compensation for other damages, such as travel or hotel costs.

### **Disclaimer**

The participant acknowledges the organiser's exclusion of liability for damage caused by negligence or gross negligence. The participant will not make any claims against the organiser and sponsors of the race or against the cities and municipalities or their representatives for damages caused by negligence or gross negligence, in particular injuries that may result from participation in the race. For participation in this competition, the rider certifies a sufficiently trained and medically confirmed state of health.

### **Privacy policy**

By registering to take part in the 3RIDES Gravel Race, participants consent to the storage and use of their personal data (surname, first name, date of birth, nationality, home address, club/team if applicable, e-mail address, telephone number) by the organiser/service provider for payment processing, organisation and handling of the event as well as by third parties such as media and sponsors without any claims for remuneration. (§§ 4 a, 28 Federal Data Protection Act).

The results of the event (surname, first name, year of birth, club/team if applicable, start number, time, placing) will be stored by the organiser/service provider and summarised in results lists. By registering, the participant agrees to the publication of this data by the organiser/service provider in the relevant media/internet pages. This is linked to the aim of compiling the respective ranking lists.

The sending of event information by the organiser/service provider to the e-mail address given in the registration cannot be objected to before the end of the current event.

The photos and film recordings to be made in connection with the event may be passed on by the organiser to a commercial photo service provider. By registering, the participant agrees to the publication and dissemination of such photos, film recordings as well as interviews in radio, television, internet, print media, books, photomechanical reproductions (films, video cassettes etc.) also by third parties such as media and sponsors without any claim to remuneration.

In particular, the participant agrees to the forwarding of his/her personal data for the purpose of sending photos of the participant on the course and at the finish, which are produced by a commercial photo service provider commissioned by the organiser. However, the participant does not at the same time declare that he/she wishes to purchase such a photo.

The organiser cannot be held liable for damages of any kind.

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### **Registration / Cancellation**

Registration is only effective once the required organisation fee (entry fee) has been paid in full. Changes made due to official requirements (e.g. start time or route) are not a reason for cancellation as the event will still take place. In general, no refund will be made even in the event of reimbursement.

### **Severability clause**

Should one or more provisions be invalid, this shall not affect the validity of the remaining provisions. I agree to the above declarations, in particular the data protection declaration, by registering for the 3RIDES Gran Fondo.