



# **Call for Participants and Regulations**

By registering and by signing the Conditions for Participation, the participants accept the provisions of the Call for Participants and Regulations as well as the Conditions for Participation and undertake to comply with them.

### Organiser

IRONMAN Austria GmbH

## Nature of the event

All competitions are trail runs and lead from the City of Salzburg, from St. Gilgen, Fuschl am See and Koppl respectively through the Salzburger Land. The finish of all competitions is the City of Salzburg. Sections of the mozart 100, mozart Ultra, mozart Marathon, mozart Light and mozart Half Marathon partially include alpine trail passages which demand experience and skills, especially sure footedness, of the participants. All routes lead widely on hiking trails which are challenging in some passages.

This means for the participants in particular:

- o Awareness of the course length and associated physical and psychological challenges
- Understanding that signing the liability disclaimer confirms an unreserved fitness-to-compete and a physical/mental disposition allowing to participate/ cope with the strains and challenges of extreme endurance competitions
- Being sure-footed on alpine trails, faint paths and across terrain without a recognizable trail tread, no fear of heights
- Prior experience in negotiating difficult alpine terrain
- Orientation skills that corroborate a good sense of direction in mountainous terrain even during inclement weather and visibility
- o Familiarity with basic emergency procedures as applicable to alpine and mountainous terrain
- No qualification runs are necessary to participate in a mozart 100<sup>®</sup> competition.

## Registration

Registration must be made online at the registration portal of the event www.mozart100.com. The indemnity provision and the Conditions for Participation must be accepted during online registration. A participant only becomes entitled to a starting slot after receipt of his/her payment to the organiser's bank account provided that slots are still available.

The right to participate is a personal right and each participant has to pick up his/her starting pack in person. Each participant must sign personally the Conditions for Participation when he/she picks up his/her starting number at the competition office.

End of registration: 30 August 2021 at 12:00 a.m.; late registration at the race office on 2 and on 3 September 2021 all day for all competitions. A handling fee of EUR 10 per participant will be charged.

Athletes who have been found guilty of doping will not be admitted even after the end of their period of ineligibility. Moreover, in agreement with the judges' panel, the organiser is entitled to disqualify athletes for reasons important to the organiser.

#### **Registration fees**

The following registration fees (in EUR) apply per participant (runners and Nordic Walkers) to the individual competitions depending on the date of payment:

Competition	15/10/2020 - 30/11/2020	01/12/2020 - 31/05/2021	01/06/2021 - 30/08/2021
mozart 100 Single	€ 119,00	€ 149,00	€ 179,00
mozart Ultra Single	€ 109,00	€ 129,00	€ 149,00
mozart Marathon	€ 79,00	€ 99,00	€ 119,00
mozart Light	€ 54,00	€ 69,00	€ 89,00
mozart Half Marathon	€ 49,00	€ 64,00	€ 79,00
mozart City Trail	€ 34,00	€ 49,00	€ 59,00
mozart 100 Relay	€ 54,00	€ 69,00	€ 89,00
mozart Ultra Relay	€ 49,00	€ 59,00	€ 79,00





The registration fee shall be paid either by credit card or direct debit. Abavent GmbH processes payments on behalf and for account of the organisers.

The participation is transferable to third parties only in coordination with the organizer and is charged with a fee of 20,- Euro.

If a registered participant does not participate in the race, there is no entitlement to a refund of the participation fee or the sending of the starting package. The same applies if a participant informs the organizer before the start that he will not start.

# Amendments to the regulations

The organiser reserves the right to make short-term amendments that will be announced in a timely fashion.

## Change of course / Race termination

In case of bad weather conditions and for safety reasons, the race management can change the course at any time. In this case the time limits can also be adjusted. If the course is changed, the time measurement will be continued as far as possible. For safety reasons (e.g. thunderstorms) the competition management reserves the right to cancel the competition. Due to an abortion of the competition, shortening or change of course there are no claims for reimbursement of entry fees.

#### Competitions

A detailed description of the course for the following competitions is available in the competition documentation and course maps:

- **mozart 100**: Ultra-trail with a length of 108 kilometres and 4.750 meters of positive elevation in one loop from the City of Salzburg to Fuschl, over the Zwölferhorn mountain to St. Gilgen, from Winkl over the Schafberg Alp return to St. Gilgen and the Lake Fuschl, and then back to Salzburg
- mozart Ultra: Ultra-trail with a length of 75 kilometres and 3.800 meters of positive elevation from Fuschl am See over the Zwölferhorn mountain to St. Gilgen, from Winkl over the Schafberg Alp return to St. Gilgen and the Lake Fuschl, and then back to Salzburg
- **mozart Marathon**: Marathon trail with a length of 42 kilometres and 1.800 meters of positive elevation from St. Gilgen along the Lake Fuschl to the City of Salzburg
- **mozart Light**: Panorama trail with a length of 31 kilometres and 1.100 meters of positive elevation from Fuschl am See to the City of Salzburg
- **mozart Half Marathon**: Panorama trail with a length of 21 kilometres and 900 meters of positive elevation from Koppl to the City of Salzburg
- mozart City Trail: is a beautiful course over 9 km and 300 meters of positive elevation through the City of Salzburg
- Relay competitions for 4-member teams for the distances mozart 100 and mozart Ultra
- mozart City Trail team competition: Each team consists of 3 members. Every member runs 9 km individually, the team time is the total of the three individual times

With all team competitions there are three categories (regardless of age classes): female, male and mixed (at least one woman).

#### **Competition rules**

The competition rules follow the model of the sports regulations of the Austrian Athletes Federation (ÖLV). These regulations are available on the website of ÖLV <u>http://www.oelv.at</u>.

#### Cut off times

mozart 100	КМ	Elevation	Time	Duration
Fuschl	31	900 m	10:00 a.m.	5 hours
St. Gilgen	48	1.880 m	02:00 p.m.	9 hours
St. Gilgen	66	3.000 m	06:00 p.m.	13 hours
Fuschl	76	3.650 m	08:00 p.m.	15 hours
Hof	86	3.950 m	10:00 p.m.	17 hours
Koppl	98	4.350 m	12:00 p.m.	19 hours
Kapitelplatz	108	4.750 m	03:00 a.m., Sep 5	22 hours





mozart Ultra	КМ	Elevation	Time	Duration
St. Gilgen	17	980 m	11:00 a.m.	4 hours
St. Gilgen	35	2.100 m	04:00 p.m.	9 hours
Fuschl	45	2.750 m	07:00 p.m.	12 hours
Hof	55	3.050 m	10:00 p.m.	15 hours
Коррі	65	3.450 m	12:00 p.m.	17 hours
Kapitelplatz	75	3.850 m	03:00 a.m., Sep 5	20 hours

Participants must pass the timekeeping mat <u>in front of the</u> aid station before the relevant check time. Participants who fail to adhere to the time limits will be taken out of the race unexceptionally.

There are no cut off times for all other competitions; though the participants have to be in the finish area at 3:00 a.m. on 5 September (cut off time mozart 100 and mozart Ultra) at the latest.

## Data collection and processing

With the registration, the participant agrees that personal data can be gathered and passed on to third parties for the purposes of timekeeping, rankings and results as well as for publication of respective lists on the internet. Personal data provided as part of the registration process will be stored and used only for purposes that are connected with executing the event, especially with regard to data necessary for the payment process. By registering, the participant agrees with the storage to this end.

The participant grants media of all kinds the unlimited use (e.g., for televised broadcast, internet presentation etc.) of film material and any other audio or video material of himself arising in connection with the event as well as his name free of charge. The participant also grants the unlimited use of images of himself and his name for printed media of all kinds free of charge, even where these are used for advertisement purposes for this or a similar event (e.g., brochures, posters, etc.).

The participant agrees that his first name, last name, year of birth, team name, bib and results (rankings, times) may be published in all print and electronic media relevant to the event. By providing his e-mail address, he accepts that the Organiser can use this address to send further event information.

#### Doping

The anti-doping rules of the International Association of Athletics Federations (IAAF), the ÖLV, the World Anti-Doping Association (WADA) and the National Anti-Doping Agency (NADA) as well as the anti-doping provisions of the Austrian Federal Sports Promotion and its implementing regulations are fully applied. These rules are accessible on the relevant websites. Athletes taking part in the competitions are obliged to familiarise themselves with these rules as well as the procedures on checks, sanctions, and appeals.

# Drop-Bags

Runners of the mozart 100 have the possibility to deposit a drop bag for extra clothes/shoes or for individual food before the start at the Race Office from 4 am. The drop bag can be accessed twice (KM 31 and 77) at the refreshment station in Fuschl.

Runners of the mozart Ultra have the possibility to deposit a drop bag for extra clothes/shoes or for individual food from 6 a.m. at the starting area in Fuschl. The drop bag can be accessed at the refreshment station in Fuschl (KM 45).

It is strongly recommended to use the starter bag (40 x 50 cm) as a drop bag. Drop bags of runners of the mozart 100 will be brought from the start to Fuschl by the organizer. Drop bags of the runners of the mozart 100 as well as the mozart Ultra will be brought from Fuschl to Salzburg after passing the aid station and have to be picked up in the race office after the race.

#### **Eligibility for participation**

All women and men of the age of 15 or older are eligible for participation. For the mozart City Trail only, women and men of the age of 10 are eligible for participation. A declaration of liability has to be signed by the parents from participants under 18 years of age.





## Environment

Each participant is obliged to carry along a drinking system or reusable cup. At the supply points no plastic cups are provided.

It is strictly forbidden to disturb the nature and wildlife intentionally or to throw away rubbish on the course, except at the refreshment points. Any littering by participants along the course shall result in disqualification from the competition.

# Equipment and accompaniment

Only well-prepared participants will be able to cope with the challenges of mozart100<sup>®</sup>, that counts particularly for the mozart 100, the mozart Ultra and the mozart Marathon. The participants compete in a mozart 100<sup>®</sup> competition at their own risk and responsibility.

Each participant is responsible for his/her own equipment.

The starting number has to be worn visibly **at all time**, even if a jacket is worn.

# The following equipment is mandatory

Equipment	mozart 100	mozart Ultra	mozart Marathon	mozart Light	mozart Half Marathon
Closed trail running shoes with a tread	х	x	х	x	х
Drinking system or a reusable cup, e.g. foldable plastic cup (no cups at the aid stations)	х	x	х	х	х
Whistle	x	x	x	x	x
Waterproof rain jacket (10.000 mm water column) with hood	х	х			
Warm hat	Х	x			
Gloves	х	x			
Headlamp inkl. replacement batteries and one additional headlamp as backup	х	х			
Mobile phone (charged battery, emergency number must be saved)	х	х	х	х	х
First aid set (minimum requirement: 1 elastic mull bandage, 1 sterile compress 5 x 5 cm, 1 rescue blanket 160 x 210 cm)	х	x			

The mandatory equipment will be checked at the start randomly and can also be checked at any time during the race. The organiser reserves the right to adapt the mandatory equipment depending on weather conditions at short notice.

- Participants must not be accompanied by non-participants. Accompaniment on foot or on bicycle is forbidden. Personal support is only allowed at the refreshment zones.
- The use of non-pertinent equipment (bicycles, cars, etc.) is strictly banned.
- The use of sticks is allowed for all running competitions; for all Nordic Walking competitions the use of sticks is obligatory.
- Participants who do not follow the gear requirements can be disqualified.

# First-Aid Services

The organiser provides for sufficient first-aid points distributed across the entire course.





## Food and Beverages

For all competitions there is partial autonomy. The organiser provides sufficient supply points distributed across the entire course. After the competition, participants will be offered food and beverages in the arrival area. Your personal food and beverages can only be handed over by your own attendants at the designated supply points. Handing over is not permitted at any other places along the track.

## **Health Policy**

Within the Ultra-Trail World Tour special attention is paid to the athletes' health. Therefore, UTWT has established a special health policy, which applies for the competitions mozart 100 and mozart Ultra. These guidelines can be found in the Quartz Event Program in appendix 1. The compliance with this health policy is mandatory.

The organiser has extended the health and safety measures already in place due to the spread of the COVID-19 pandemic. Athletes must follow all announced and/or posted instructions while they are on the event site. The risk of being exposed to the COVID-19 virus exists in any public place where people are present. COVID-19 is characterised by rapid transmission with a high risk of infection, which can lead to various illnesses and symptoms, including permanent damage and death. According to government disease surveillance and prevention agencies and the World Health Organisation, the elderly and those with pre-existing conditions are particularly at risk. By entering the event site, each athlete voluntarily assumes all risks related to contracting COVID-19.

## Indemnity and limitation of liability

In the case of force majeure or orders by public authorities or for safety reasons, the organiser is entitled or obliged to modify the implementation of the event or to cancel the event; in such a case, the organiser is not obliged to indemnify the participants. Entry fees received will be refunded unless other measures are permitted by law such as vouchers or substitute events. The organiser as well as their legal representatives and agents are only liable in case of intentional or grossly negligent behaviour. The organiser does not accept liability for the athletes' health risks related to their participation in the event. The organiser does not accept liability for objects received for safekeeping free of charge.

#### Insurance

Each participant must have a personal insurance protection which covers costs for rescue and recovery (especially helicopters). When registering for a mozart 100 competition, it is possible to take out a Nürnberger-Bergschutz insurance if you do not yet have the appropriate insurance cover.

# Maximum number of participants

A maximum number of participants for the individual events and a resulting waiting list can be determined by the organizer at any time.

### **Race Committee**

The instructions of the race management, organisation team, medical doctors and rescue services have to be complied with. Non-compliance will result in disqualification from the run.

The race management and the organisation team can issue warnings in case participants violate the competition rules. Two warnings lead to immediate disqualification of the participant, to instant finishing of the race for the participant, resp. to the participant's removal from the results list. Disqualification may be effected on the course, at the finishing line or retroactively when the offence is detected.

The organiser may bar disqualified participants from registration in subsequent years. Participants who behave unfairly to other participants may be barred from starting.

Complaints and appeals against disqualification have to be submitted to the arbitration board of mozart 100<sup>®</sup> within 2 hours of the imposition of this sanction in written form. The decision of the arbitration board is final; there is no further right of appeal against this decision. The arbitration board is appointed by the organising committee of mozart 100<sup>®</sup> and works independently.

The organiser does not accept any liability for accidents, consequential damage, or diseases. The participants are recommended to prepare thoroughly for the competition. The organiser has the right to suspend or dismiss unfit participants for health reasons or to bar them from starting. Participants who arrive after the end of the time limits will be dismissed, i.e., they must return the starting number.





## **Ranking categories**

For the races mozart 100, mozart Ultra and mozart Marathon the following age groups apply (male/female):

Year of Birth	Category
2006-1991	Junior
1990-1972	Master
1971 and older	Senior

The mozart Half Marathon, mozart Light and mozart City Trail are ranked separately by sex only - no age groups.

### Nordic Walking

Nordic Walkers are highly welcome to all competitions. Though, there is no separate ranking and no award ceremony for Nordic Walkers. Nordic Walkers will be listed in the time keeping separately.

# Team competitions

In the mozart 100 and mozart Ultra competitions, the team rankings are a relay competition.

Each relay consists of up to four persons, whereby each person has to complete a distance section. The change between the relay participants takes place in designated handover zones. The transfer between the relay participants takes place by handing over the common bib with the timekeeping chip.

In the mozart City Trail competition, the team consists of three persons whose individual times are added together over 9 km to form a total team time.

In the relay and team competitions, three categories will be evaluated (independent of age groups): female, male and mixed (at least one female).

#### Routing

The competitions have to be run on the courses designated by the organiser. The course runs on streets, roads, paths and trails through the Salzburger Land and the City of Salzburg.

The marking of the course will be done by the organisation team best possible. For the completion of the correct routing each participant is responsible for him/herself. Participants have to prepare themselves for the right routing as good as possible. It is not allowed to abbreviate the course.

The organiser reserves the right to make last-minute changes of the course and to exchange with alternative routes prior to the event or in case of adverse weather conditions.

#### Self-sufficiency

Partial self-sufficiency is defined for each competition. The number of refreshment zones is marked in all Trace de Trail links of the courses. At the refreshment stations you will be provided with beverages and/or food. While leaving the refreshment zones each participant is self-depended and has to supply himself with stores of beverages and food for prolonged sections where catering facilities may not be available.

#### Starting places and times

- o mozart 100, 4 September 2021, starts at 5:00 a.m. on Kapitelplatz square
- o mozart Ultra, 4 September 2021, starts at 7:00 a.m. in Fuschl am See
- o mozart Marathon, 4 September 2021, starts at 9:00 a.m. in St. Gilgen
- o mozart City Trail, 4 September 2021, starts at 10:00 a.m. on Kapitelplatz square
- o mozart Light, 4 September 2021, starts at 10:00 a.m. in Fuschl am See
- o mozart Half Marathon, 4 September 2021, starts at 11:00 a.m. in Koppl

#### Storno

We recommend that you arrange for entry fee insurance when registering. This insurance allows the refund of the entry fee in case of accident or illness. The conditions for reimbursement can be found in the insurance conditions. It is not possible to refund or credit the entry fee without insurance.





# Timing

In all competitions, times are registered exclusively by the timing system via RFID-tag. The RFID-tag is fixed on the backside of the starting number. There is no rental fee for the RFID-tag. Own timing equipment is not allowed. The RFID-tag has to be worn during the competition in line with the organiser's instructions.

Without RFID-Tag, times will not be registered. The timing systems can only read the organisers' RFID-tags. All other timing systems cannot be processed.

The indicated control times must be always respected. If a participant passes the checkpoint after the end of the checkpoint time, the start number will be marked, and the runner will be taken out of the race.

Participants can only be ranked if they have met all time limits and have been timed at all check points. Participants without RFID tags are not included in the result list.

Each participant and each relay team share responsibility for the registration of their section times and total time. The participants have to wear the chip required for timing during the competition in line with the instructions of the organiser. Starting numbers may be neither made smaller nor modified in any other way.





# QUARTZ Event Program

# Health & Clean Sport

mozart 100, part of the Ultra-Trail World Tour (UTWT), has decided to set up the QUARTZ Event Program to protect participants' health and to contribute to a clean sport.

The QUARTZ Event Program has neither the vocation nor the competence to replace anti-doping rules but aims to strengthen the medical supervision before, during and after the competition.

The QUARTZ Event program is managed by an Experts Commission that gives some advice to the race direction on the medical condition of participants.

This Experts Commission can go as far as to suggest to the race direction that a participant should be excluded from competition for health reasons before competition (« no start ») or not ranked after the competition for non-compliance with the procedures.

The QUARTZ Event Program is for each participant who agrees to:

- 1. Declare to the Experts Commission the following information:
  - Any medical history and/or pathology, those which may increase risks during competition.
  - The use of regular treatments or medication or dietary supplements at least during the 30 days prior to the start of the competition.
  - Request or use of a substance or method subject to a Therapeutic Use Exemption (TUE).

The declaration of medical information to the Experts Commission is done through the QUARTZ health space for which each participant has access from the website https://quartzprogram.org. The declared medical information is only accessible by the Experts Commission, the QUARTZ Program Team members as well as to the medical team during an eventual care during the competition.

- Provide all urinary and/or blood and/or hair and/or salivary samples required from 30 days before the competition and up to 15 days after the competition and also consent to the associated analysis of these samples, on the understanding that the costs for sampling and analyses are covered directly by the Organization.
- 3. Respect the 2021 Prohibited list from World Anti-Doping Code but also do not participate in the competition when using:
  - Within 60 days before the start of the competition and during the competition
    Intravenous iron infusion
  - Within 7 days before the start of the competition and during competition
    - Intravenous infusion
    - Gas inhalation
    - Substance subject to a Therapeutic Use Exemption (TUE) according to the WADA (World Anti-Doping Agency) Prohibited List published annually
    - All glucocorticoids regardless of the mode of administration
    - Thyroid synthesis hormones except in case of partial or total removal of the thyroid or hypothyroidism of medical origin
  - Within 24 hours before the start of the competition and during competition
    - All beta-2-agonist regardless of the mode of administration
      - All painkillers including Tramadol and Non-Steroidal Anti-Inflammatory Drugs (NSAIDs) regardless of the mode of administration.
    - All substances included in the 2021 WADA Monitoring Program

The possible use of these different substances may be identified in the context of the analysis carried out before and/or after the competition or any other means of investigation.





- 4. Accept to answer any meeting request on site or remotely (phone or videoconference) that the Experts Commission may ask for to discuss their ability or not to participate in the competition or not to be rank after the competition.
- 5. Submit any doping control form legible completed within 30 days before the start of the competition and up to 15 days after the competition.
- 6. Accept the use, for the only purpose of research and in a strictly anonymous way, of data concerning him. Each participant has a right of access, rectification and opposition to data concerning him. The Experts Commission is the authority with which the participant can exercise this right.

Any unreasonable breach, refusal, or transmission of erroneous information in connection with the QUARTZ Event Program can result in the exclusion of the participant from the competition before the competition or not to be rank after the competition.