

## Call for Participants and Regulations

By registering and by signing the Conditions for Participation, the participants accept the provisions of the Call for Participants and Regulations as well as the Conditions for Participation and undertake to comply with them.

### Organiser

- Mayerhofer & Friends Ultra Trail KG
- Verein mozart 100® - Salzburg Ultra Trail

### Nature of the event

All competitions are trail runs and lead from the City of Salzburg and. from Fuschl am See and Koppl respectively through the Salzburger Land. The finish of all competitions is the City of Salzburg. Sections of the mozart 100, mozart Ultra, mozart Marathon, mozart Light and mozart Half Marathon partially include alpine trail passages which demand particular experience and skills, especially sure footedness, of the participants. All routes lead widely on hiking trails which are challenging in some passages.

This means for the participants in particular:

- Awareness of the course length and associated physical and psychological challenges
- Understanding that signing the liability disclaimer confirms an unreserved fitness-to-compete and a physical/mental disposition allowing to participate/ cope with the strains and challenges of extreme endurance competitions
- Being sure-footed on alpine trails, faint paths and across terrain without a recognizable trail tread, no fear of heights
- Prior experience in negotiating difficult alpine terrain
- Orientation skills that corroborate a good sense of direction in mountainous terrain even during inclement weather and visibility
- Familiarity with basic emergency procedures as applicable to alpine and mountainous terrain
- There is no prerequisite for qualifying races to participate in a mozart 100 competition.

### Self-sufficiency

Partial self-sufficiency is defined for each competition. The number of refreshment zones is marked in all GPSies links of the courses. At the refreshment stations you will be provided with beverages and/or food. While leaving the refreshment zones each participant is self-dependend and has to

supply himself with stores beverages and food for prolonged sections where catering facilities may not be available.

### Competitions

A detailed description of the course for the following competitions is available in the competition documentation and course maps:

- mozart 100: Ultra-trail with a length of 103 kilometres and 4.600 meters of positive elevation in one loop from the City of, Fuschl to St. Gilgen. Over the Schafberg mountain, the Lake Fuschl and back to the city of Salzburg;
- mozart Ultra: Ultra-trail with a length of 61 kilometres and 2.000 meters of positive elevation in one loop between Salzburg and the Lake Fuschl;
- mozart Marathon: Marathon trail with a length of 42 kilometres and 1.600 meters of positive elevation in one loop between Salzburg and Hof bei Salzburg
- mozart Light: Panorama trail with a length of 31 kilometres and 1.100 meters of positive elevation from Fuschl am See to the City of Salzburg
- mozart Half Marathon: Panorama trail with a length of 21 kilometres and 800 meters of positive elevation from Koppl to the City of Salzburg
- mozart City Trail: is a beautiful course over 13 km and 300 meters of positive elevation through the City of Salzburg
- Relay competitions for 4-member teams for the distances mozart 100 and mozart Ultra
- mozart City Trail team competition: Each team consists of 3 members. Every member runs 14 km individually, the team time is the total of the three individual times

### Starting places and times

- o mozart 100, 16 June 2018, starts at 5:00 a.m. on Kapitelplatz square
- o mozart Ultra, 16 June 2018, starts at 8:00 a.m. on Kapitelplatz square
- o mozart Marathon, 16 June 2018, starts at 8:00 a.m. on Kapitelplatz square
- o mozart City Trail, 16 June 2018, starts at 09:00 a.m. on Kapitelplatz square
- o mozart Half Marathon, 16 June 2018, starts at 10:00 a.m. in Koppl
- o mozart Light, 16 June 2018, starts at 11:00 a.m. in Fuschl am See

### Ranking categories

For the races mozart 100, mozart Ultra and mozart Marathon the following age groups apply (male/female):

Year of Birth	Category
2003-1979	Junior
1978-1969	Master
1968 and earlier	Senior

The mozart Half Marathon, mozart Light and mozart City Trail are ranked separately by sex only - no age groups.

### Nordic Walking

Nordic Walkers are highly welcome to all competitions. Though, there is no separate ranking for Nordic Walkers. Nordic Walkers will be ranked together with runners.

### **Team Competitions**

mozart 100 and mozart Ultra are relay competitions. Each team is made up of four people who each has to run one leg of the course. The changeover between the team members is effected by exchanging the timing chip within the designated changeover zones at the changeover points.

With the mozart City Trail a team consists of three participants. Their individual times are added to one team time.

There are three categories (regardless of age classes): female, male and mixed (at least one woman).

### **Programme**

#### **Thursday 14 June 2018**

- 10:00 a.m. Opening of the Race Office in the HERVIS store in the EUROPARK Shopping Center, Europastrasse 1, 5018 Salzburg  
(bib number collection / late registration / change in registration)
- 07:00 p.m. Closure of the Race Office

#### **Friday 15 June 2018**

- 09:00 a.m. Opening of the Race Office in the HERVIS store in the EUROPARK Shopping Center,  
- 01:00 p.m. Europastrasse 1, 5018 Salzburg  
(bib number collection / late registration / change in registration)
- 02:00 p.m. Opening of the Race Office on Kapitelplatz square
- 04:00 p.m. Kids Trail
- 05:00 p.m. Awards Ceremony Kids Trail
- 06:00 p.m. Race Q&A Session on Kapitelplatz square, Salzburg
- 07:00 p.m. Official opening ceremony (welcome, presentation of the top-athletes, supporting programme)
- 08:00 p.m. Closure of the Race Office

**Saturday 16 June 2018**

- 04:00 a.m. Opening of the Race Office on Kapitelplatz square  
(bib number collection / clothes deposit)
- 05:00 a.m. Start mozart 100 (individual and relay) on Kapitelplatz square
- 08:00 a.m. Start mozart Ultra (individual and relay) on Kapitelplatz square
- 08:00 a.m. Start mozart Marathon on Kapitelplatz square
- 09:00 a.m. Start mozart City Trail (individual and team) on Kapitelplatz square
- 10:00 a.m. Start mozart Half Marathon in Koppl
- 11:00 a.m. Start mozart Light in Fuschl am See
- 07.30 p.m. Awards Ceremony for all competitions
- 01:00 a.m. Closure of the finish area (18.6.)

**Registration**

Registration has to be made online at the registration portal of the event [www.mozart100.com](http://www.mozart100.com). The indemnity provision and the Conditions for Participation have to be accepted during online registration. A participant only becomes entitled to a starting slot after receipt of his/her payment to the organiser's bank account provided that slots are still available.

The right to participate is a personal right and each participant has to pick up his/her starting pack in person. Each participant has to sign personally the Conditions for Participation when he/she picks up his/her starting number at the competition office.

End of registration: 11 June 2018 at 12:00 a.m.; late registration at the race office on 14 June 2018 and on 15 June all day for all competitions. A handling fee of EUR 10 per participant will be charged.

Athletes who have been found guilty of doping will not be admitted even after the end of their period of ineligibility. Moreover, in agreement with the judges' panel, the organiser is entitled to disqualify athletes for reasons important to the organiser.

**Registration fees**

The following registration fees (in EUR) apply per participant (runners and Nordic Walkers) to the individual competitions depending on the date of payment:

Competition	01.10.2017 - 31.10.2017	01.11.2017 - 31.12.2017	01.01.2018 - 31.03.2018	01.04.2018- 11.06.2018
mozart 100 Single	€ 94,00	€ 109,00	€ 129,00	€ 149,00
mozart Ultra Single	€ 79,00	€ 89,00	€ 104,00	€ 119,00
mozart Marathon	€ 64,00	€ 79,00	€ 89,00	€ 109,00
mozart Light	€ 49,00	€ 59,00	€ 64,00	€ 79,00
mozart Half Marathon	€ 39,00	€ 49,00	€ 59,00	€ 69,00
mozart City Trail	€ 29,00	€ 34,00	€ 39,00	€ 49,00
mozart mozart 100 Relay	€ 49,00	€ 59,00	€ 64,00	€ 79,00
mozart Ultra Relay	€ 39,00	€ 49,00	€ 59,00	€ 69,00

The registration fee shall be paid either by credit card or direct debit.

Abavent GmbH processes payments on behalf and for account of the organisers.

### **Pick-up of the starting pack**

The starting packs of all participants can be picked up at the race office on Thursday, 14. June 2018 from 10:00 a.m. to 7:00 p.m., on Friday, 15 June 2018 from 09:00 a.m. to 8:00 p.m. and on Saturday, 16 June 2018 from 04:00 a.m.

During the online registration and payment all participants accept the qualification specifications. Participants who register in the race office must sign the qualification specifications when they collect their bib number.

Participants who are not able to collect their bib number and starter pack themselves may send somebody else. This person must bring a copy of the participant's (valid) photo ID.

The qualification specifications can be downloaded from the website of the organiser.

### **Doping**

The anti-doping rules of the International Association of Athletics Federations (IAAF), the ÖLV, the World Anti-Doping Association (WADA) and the National Anti-Doping Agency (NADA) as well as the anti-doping provisions of the Austrian Federal Sports Promotion and its implementing regulations are fully applied. These rules are accessible on the relevant websites. Athletes taking part in the competitions are obliged to familiarise themselves with these rules as well as the procedures on checks, sanctions and appeals.

### **Health Policy**

Within the Ultra-Trail World Tour special attention is paid to the athletes' health. Therefore, UTWT has established a special health policy, which applies for the competitions mozart 100 and mozart

Ultra. These guidelines can be found in appendix 1. In 2018 the compliance with this health policy is on a voluntary basis for the athletes and will be mandatory from 2019 onwards.

### **Indemnity and limitation of liability**

In the case of force majeure or orders by public authorities or for safety reasons, the organiser is entitled or obliged to modify the implementation of the event or to cancel the event; in such a case, the organiser is not obliged to indemnify the participants. Entry fees received will not be refunded. The organiser as well as their legal representatives and agents are only liable in case of intentional or grossly negligent behaviour. The organiser does not accept liability for the athletes' health risks related to their participation in the event. The organiser does not accept liability for objects received for safekeeping free of charge.

### **Infrastructure**

In the partner towns, designated parking space will be available. In the City of Salzburg it is recommendable to use the local parking system.

### **Equipment and accompaniment**

Only well-prepared participants will be able to cope with the challenges of mozart100®, that counts particularly for the mozart 100, the mozart Ultra and the mozart Marathon. The participants compete in the mozart 100® at their own risk and responsibility.

Each participant is responsible for his/her own equipment.

The start number has to be worn visibly at all time, even if a jacket is worn.

The following equipment is mandatory for the competition mozart 100:

- Closed trail running shoes with a tread that is suitable for running in alpine terrain
- Drinking system or a reusable cup, e.g. foldable plastic cup (at the refreshment zones no cups are provided)
- Mobile phone (always switched on)
- Whistle
- Waterproof rain jacket
- Long-sleeve layer (primaloft, dawn or thermo-shirt)
- Headband or warm hat
- Functioning headlamp and replacement batteries (has to be worn and switched on from 9:30 p.m. onwards)

The following equipment is mandatory for the competitions mozart Ultra, mozart Marathon, mozart Light, mozart Half Marathon:

- Closed trail running shoes with a tread that is suitable for running in alpine terrain

- Drinking system or a reusable cup, e.g. foldable plastic cup (at the refreshment zones no cups are provided)
- Whistle

The mandatory equipment will be checked at the start.

The organiser reserves the right to adapt the mandatory equipment depending on weather conditions at short notice.

- Participants must not be accompanied by non-participants. Accompaniment on foot or on bicycle is forbidden. Personal support is only allowed at the refreshment zones.
- The use of non-pertinent equipment (bicycles, cars, etc.) is strictly banned.
- The use of sticks is allowed for all running competitions; for all Nordic Walking competitions the use of sticks is obligatory.
- Participants who do not follow the gear requirements can be disqualified.

### **Race Briefing / Q&A Session**

The race briefing takes place on the evening before the race. Participant's Questions and changes on short notice will be communicated during the race briefing. Participation is not mandatory but highly recommended.

### **Amendments to the regulations**

The organiser reserves the right to make short-term amendments that will be announced in a timely fashion.

### **First-Aid Services**

The organiser provides for sufficient first-aid points distributed across the entire course.

### **Cut off times**

For the mozart 100 the following cut off times apply:

Fuschl KM 30,5	10:00 a.m. – 5 hours
Winkl KM 46	01:00 p.m. – 8 hours
Fürberg KM 58,5	03:00 p.m. – 10 hours
Fuschl KM 72,5	06:00 p.m. – 13 hours
Hof KM 83	08:00 p.m. – 15 hours
Hinterwinkl KM 93,5	10:00 p.m. – 17 hours
Kapitelplatz square KM 103	01:00 a.m./17.6. – 20 hours

There are no cut off times for all other competitions; though the participants have to be in the finish area at 1:00 a.m. on 17 June (cut off time mozart 100) at the latest.

Participants of the competition mozart 100 have the option to change to the competition mozart Ultra at the check point in Fuschl (30,5 km). Such change can only be made between 9:00 and 11:00 a.m. In this case the participant has to explicitly announce the change of competition at the check point to a member of the organising team. The athlete will then be listed in the results list of the competition mozart Ultra.

An "Upgrade", the change of from one competition to another one with a longer distance, is not possible.

### **Routing**

The competitions have to be run on the courses designated by the organiser. The course runs on streets, roads, paths and trails in one round from the City of Salzburg to Lake Fuschl, St. Gilgen, Lake Wolfgang and back. The mozart City Trail runs one circle through the City of Salzburg.

The marking of the course will be done by the organisation team best possible. For the completion of the correct routing each participant is responsible for him/herself. Participants have to prepare themselves for the right routing as good as possible. It is not allowed to abbreviate the course.

The organiser reserves the right to make last-minute changes of the course and to exchange with alternative routes prior to the event or in case of adverse weather conditions

### **Eligibility for participation**

All women and men born in 2003 or earlier are eligible for participation.

### **Maximum number of participants**

At present, there is no maximum number of participants for the individual competitions and, as a result, no waiting list.

### **Environment**

Each participant is obliged to carry along a drinking system or reusable cup. At the supply points no plastic cups are provided.

It is strictly forbidden to disturb the nature and wildlife intentionally or to throw away rubbish on the course, except at the refreshment points. Any littering by participants along the course shall result in disqualification from the competition.



### **Food and Beverages**

The organiser provides for sufficient supply points distributed across the entire course. After the competition, participants will be offered food and beverages in the arrival area. Your personal food and beverages can only be handed over by your own attendants at the designated supply points. Handing over is not permitted at any other places along the track.

### **Competition Committee**

The instructions of the competition management, organisation team, medical doctors and rescue services have to be complied with. Non-compliance will result in disqualification from the run.

The competition management and the organisation team can issue warnings in case participants violate the competition rules. Two warnings lead to immediate disqualification of the participant, to instant finishing of the race for the participant, resp. to the participant's removal from the results list. Disqualification may be effected on the course, at the finishing line or retroactively when the offence is detected.

The organiser may bar disqualified participants from registration in subsequent years. Participants who behave unfairly to other participants may be barred from starting.

Complaints and appeals against disqualification have to be submitted to the arbitration board of mozart 100® within 2 hours of the imposition of this sanction in written form. The decision of the arbitration board is final; there is no further right of appeal against this decision. The arbitration board is appointed by the organising committee of mozart 100® and works independently.

The organiser does not accept any liability for accidents, consequential damage or diseases. The participants are recommended to prepare thoroughly for the competition. The organiser has the right to suspend or dismiss unfit participants for health reasons or to bar them from starting. Participants who arrive after the end of the time limits will be dismissed, i.e. they have to return the the starting number.

### **Competition rules**

The competition rules follow the model of the sports regulations of the Austrian Athletes Federation (ÖLV). These regulations are available on the website of ÖLV ([www.oelv.at](http://www.oelv.at)).

### **Timing**

In all competitions, times are registered exclusively by the timing system via RFID-tag. The RFID-tag is fixed on the backside of the starting number. There is no rental fee for the RFID-tag. Own

timing equipment is not allowed. The RFID-tag has to be worn during the competition in line with the organiser's instructions.

Participants can only be ranked if they have met all time limits and have been timed at all check points.

Without RFID-Tag, times will not be registered. The timing systems can only read the organisers' RFID-tags. All other timing systems cannot be processed.

Each participant and each relay team shares responsibility for the registration of their section times and total time. The participants have to wear the chip required for timing during the competition in line with the instructions of the organiser. Starting numbers may be neither made smaller nor modified in any other way.

## Ultra-Trail World Tour Health Policy Rules

### Preventive and Research Actions concerning Health Policy

The organisation decided to set up preventive and research actions concerning health policy during the race. These voluntary actions have neither the vocation nor the competence to be substitutes for national and international regulations concerning anti-doping, but aim to strengthen the medical supervision that the organisation wishes for. They are managed jointly by the ITRA (International Trail Running Association), the Ultra Trail World Tour (UTWT) and the association Athletes For Transparency (AFT). These voluntary actions are led by a Medical Commission consisting of doctors who can take advice from the experts of their choice and are, in particular, asked to give consultative advice to the race jury on the medical state of participants.

Each runner is free to:

1. declare the following information to the medical commission: any medical history and/or pathology in particular those which may increase risk during the sport.
  - the regular use of treatments and medicines during the 15 days prior to the start of the race.
  - all requests for or use of medicines subject to a Therapeutic Usage Exemption (TUE).

The declaration of this information to the medical commission must be made through each runner's ITRA health page which each runner can create free of charge on the ITRA website: [www.itra.run](http://www.itra.run) (To open an account is free of charge and is necessary in order to access the health page).

The medical information declared on the pages is accessible only to the medical commission and the Organisation's own medical team.

2. accept to submit any urine, and/or blood, and/or capillary, and/or saliva samples and the associated analyses requested by the Organisation's Medical Commission, on the understanding that the costs for the sampling and analyses are covered, directly, by the Organisation
3. to accept to answer any request that the medical commission may make based on information that they have collected, in order to discuss their ability or not to participate in the race for which they are registered . As a result of the meeting, the Medical Counsel may suggest that the race Jury exclude the runner from the race.
4. accept the use of data concerning the results of research, while knowing that the data used will be strictly anonymous. According to the data protection act, the runner will have a right of access, rectification and opposition to the data concerning them. The Organisation's Medical Commission will be the entity through whom the runner can exercise this right.