

5 km - [1 Runde 5 km]

Wertung: Damen

| Platz | StNr | Name | NAT | Verein/Team/Ort | Klasse | Platz | W/M | Gesamtzeit | Rückst. |
|-------|------|---------------------|-----|---|--------|-------|-----|------------|---------|
| 1 | 2309 | ALT Antje | GER | LG Brenztal | WJU20 | 1 | 1 | 0:20:10,0 | 0,0 |
| 2 | 2279 | FRANKE Katharina | GER | Laufsport Saukel b_faster | W | 1 | 2 | 0:20:18,2 | +8,2 |
| 3 | 2323 | ROMMEL Johanna | GER | TV Sontheim | WJU18 | 1 | 3 | 0:20:59,0 | +49,0 |
| 4 | 2401 | MÜLLER Jana | GER | Mengens Triathleten | WJU16 | 1 | 4 | 0:21:04,8 | +54,8 |
| 5 | 2306 | OTT Gerti | GER | Sportbuck.com | W55 | 1 | 5 | 0:21:29,2 | +1:19,2 |
| 6 | 2459 | ANGENEND Marina | GER | DAV Kempten | WJU20 | 2 | 6 | 0:21:50,0 | +1:40,0 |
| 7 | 2179 | ALT Maike | GER | LG Brenztal | W | 2 | 7 | 0:22:00,8 | +1:50,8 |
| 8 | 2460 | LEIDL Lena | GER | DAV Kempten | WJU20 | 3 | 8 | 0:22:10,9 | +2:00,9 |
| 9 | 2317 | EISENREICH Sonja | GER | 1. FC Passau | WJU16 | 2 | 9 | 0:22:12,9 | +2:02,9 |
| 10 | 2318 | EISENREICH Elke | GER | 1. FC Passau | W45 | 1 | 10 | 0:22:23,9 | +2:13,9 |
| 11 | 2013 | WILHELM Julia | GER | Tsv-Ottobeuren Leichtathletik | WKU12 | 1 | 11 | 0:22:24,1 | +2:14,1 |
| 12 | 2325 | WILLER Nadine | GER | TV Immenstadt | WJU16 | 3 | 12 | 0:22:24,4 | +2:14,4 |
| 13 | 2167 | KÄMMERER Luisa | GER | TV Kempten Kids X Cross | WJU16 | 4 | 13 | 0:22:46,1 | +2:36,1 |
| 14 | 2284 | SCHÖNING Linda | GER | TSV Ottobeuren Leichtathletik | WJU14 | 1 | 14 | 0:22:58,3 | +2:48,3 |
| 15 | 2326 | WEINREICH Antje | GER | Kempten | W45 | 2 | 15 | 0:23:01,7 | +2:51,7 |
| 16 | 2316 | EISENREICH Laura | GER | 1. FC Passau | WJU14 | 2 | 16 | 0:23:03,7 | +2:53,7 |
| 17 | 2327 | REIL Christina | GER | DJK Weiden | W | 3 | 17 | 0:23:08,2 | +2:58,2 |
| 18 | 2352 | PUCHINGER Isabel | GER | Legau | W40 | 1 | 18 | 0:23:17,7 | +3:07,7 |
| 19 | 576 | WÖRLE Astrid | GER | F+P Training Gmbh | W | 4 | 19 | 0:23:35,6 | +3:25,6 |
| 20 | 2395 | HERRMANN Claudia | GER | 1977 | W40 | 2 | 20 | 0:23:55,6 | +3:45,6 |
| 21 | 2014 | SAVEUR Daniela | GER | Turnverein 1858 Kaufbeuren e.V. | W40 | 3 | 21 | 0:23:58,5 | +3:48,5 |
| 22 | 2259 | NOVY Edith | GER | TV Immenstadt | W30 | 1 | 22 | 0:24:14,6 | +4:04,6 |
| 23 | 2415 | MANG Veronika | GER | SV Egg an der Günz | W30 | 2 | 23 | 0:24:22,1 | +4:12,1 |
| 24 | 1297 | PALUKA Birgit | GER | SC Altstädten | W45 | 3 | 24 | 0:24:24,1 | +4:14,1 |
| 25 | 2237 | SCHNEIDER Lina | GER | ASC Weißbachtal | WKU12 | 2 | 25 | 0:24:28,6 | +4:18,6 |
| 26 | 1340 | BÖSKER Sophie | GER | IRONI | W | 5 | 26 | 0:24:31,0 | +4:21,0 |
| 27 | 1310 | WEIß Stephanie | GER | Ingenried | W30 | 3 | 27 | 0:24:34,5 | +4:24,5 |
| 28 | 2400 | BECK Stefanie | GER | TSV Betzigau | W | 6 | 28 | 0:24:35,1 | +4:25,1 |
| 29 | 2272 | ALTSTETTER Lea | GER | Team Leli | WJU16 | 5 | 29 | 0:24:44,0 | +4:34,0 |
| 30 | 2315 | BAYRHOF Lisa | GER | Team Leli | WJU16 | 6 | 30 | 0:24:44,8 | +4:34,8 |
| 31 | 2359 | MAYER Sarah | GER | VfL Kaufering Triathlon | W | 7 | 31 | 0:24:50,6 | +4:40,6 |
| 32 | 2249 | HAERTLE Melanie | GER | TSV Betzigau | W | 8 | 32 | 0:24:54,9 | +4:44,9 |
| 33 | 2182 | WAIBL Anna | GER | Turnverein 1858 Kaufbeuren e.V. | W | 9 | 33 | 0:24:57,5 | +4:47,5 |
| 34 | 2212 | RIEDL Melanie | GER | TV Kempten | W30 | 4 | 34 | 0:25:01,8 | +4:51,8 |
| 35 | 2227 | HOHL Renate | GER | Therapy4U Physiotherapie Kempten & Durach | W45 | 4 | 35 | 0:25:03,5 | +4:53,5 |
| 36 | 2226 | HOHL Sabrina | GER | Therapy4U Physiotherapie Kempten & Durach | WJU18 | 2 | 36 | 0:25:16,6 | +5:06,6 |
| 37 | 2128 | KAMMERMEIER Carolin | GER | SSV Wertach | W | 10 | 37 | 0:25:18,5 | +5:08,5 |
| 38 | 2012 | HÜBNER Julia | GER | Racing Aloha | W | 11 | 38 | 0:25:23,2 | +5:13,2 |
| 39 | 2238 | SCHAFFARCZIK Lara | GER | TV Kempten | WJU14 | 3 | 39 | 0:25:24,9 | +5:14,9 |
| 40 | 2099 | WABERSICH Corina | GER | Grünenbach | W | 12 | 40 | 0:25:27,1 | +5:17,1 |
| 41 | 2362 | PFISTER Nikola | GER | TSV Ottobeuren Leichtathletik | W45 | 5 | 41 | 0:25:28,5 | +5:18,5 |
| 42 | 2430 | MILZ Julia | GER | Laufgruppe Eckarts & Co. | W | 13 | 42 | 0:25:32,9 | +5:22,9 |
| 43 | 2433 | MAIR Larissa | GER | Laufgruppe Eckarts & Co. | W | 14 | 43 | 0:25:33,8 | +5:23,8 |
| 44 | 2036 | BISCHOF Katharina | GER | #Lauftbeimirl! | W | 15 | 44 | 0:25:36,5 | +5:26,5 |
| 45 | 2367 | HOLDENRIED Jasmin | GER | SSV Wildpoldsried Team Wildrad | WKU12 | 3 | 45 | 0:25:43,7 | +5:33,7 |
| 46 | 2358 | ZELLER Regine | GER | SV Hinterstein | W50 | 1 | 46 | 0:25:47,4 | +5:37,4 |
| 47 | 2456 | HUMMEL Conny | GER | Weitnau | W | 16 | 47 | 0:25:52,0 | +5:42,0 |
| 48 | 2384 | ZWICK Sabrina | GER | SSV Wertach | WJU20 | 4 | 48 | 0:25:57,0 | +5:47,0 |
| 49 | 2392 | OSWALD Kerstin | GER | Kempten | W40 | 4 | 49 | 0:25:58,6 | +5:48,6 |
| 50 | 2446 | KERSTEN Aléna | GER | LTC Wangen | WKU12 | 4 | 50 | 0:26:02,8 | +5:52,8 |
| 51 | 2173 | BODENHÖFER Conny | GER | Laufschule Saukel | W55 | 2 | 51 | 0:26:04,8 | +5:54,8 |
| 52 | 2108 | REINDL Nina | GER | TVK Swim Team | WJU14 | 4 | 52 | 0:26:13,8 | +6:03,8 |



5 km - [1 Runde 5 km]

Wertung: Damen

| Platz | StNr | Name | NAT | Verein/Team/Ort | Klasse | Platz | W/M | Gesamtzeit | Rückst. |
|-------|------|-----------------------------|-----|---------------------------------------|--------|-------|-----|------------|---------|
| 53 | 309 | DEURING Johanna | GER | TSV Wiggensbach | WJU16 | 7 | 53 | 0:26:19,0 | +6:09,0 |
| 54 | 2411 | ROSCHLAU Tanja | GER | Lauftreff Lindau | W35 | 1 | 54 | 0:26:23,6 | +6:13,6 |
| 55 | 1329 | SCHMIDBERGER Karlotta | GER | Goldpony-Club | W | 17 | 55 | 0:26:30,3 | +6:20,3 |
| 56 | 2155 | BÖCK Janine | GER | AÜW-Laufteam | W | 18 | 56 | 0:26:35,2 | +6:25,2 |
| 57 | 2156 | GÖPPEL Alina | GER | AÜW-Laufteam | WJU20 | 5 | 57 | 0:26:35,4 | +6:25,4 |
| 58 | 2336 | NEUHAUSER Anja | GER | TSV Wain | W30 | 5 | 58 | 0:26:36,6 | +6:26,6 |
| 59 | 2091 | LICH Sarina | GER | Augsburg | W | 19 | 59 | 0:26:37,1 | +6:27,1 |
| 60 | 1304 | BODLIN Carolin | GER | Binswangen | W50 | 2 | 60 | 0:26:40,5 | +6:30,5 |
| 61 | 1335 | MACHATZKY Susanne | GER | RC Allgäu | W30 | 6 | 61 | 0:26:53,0 | +6:43,0 |
| 62 | 2404 | HÖLZLE Bettina | GER | Sportzentrum Woringen / Sportbuck.com | W35 | 2 | 62 | 0:27:04,3 | +6:54,3 |
| 63 | 1300 | HÖHL Tina | | München | W30 | 7 | 63 | 0:27:06,7 | +6:56,7 |
| 64 | 2222 | WANDRATSCH Maia | GER | TVK Swim Team | WKU12 | 5 | 64 | 0:27:07,2 | +6:57,2 |
| 65 | 1341 | VOSS Bettina | GER | Free Runnings K-Town | W | 20 | 65 | 0:27:10,4 | +7:00,4 |
| 65 | 2152 | BAUR Anne | GER | AÜW-Laufteam | W | 20 | 65 | 0:27:10,4 | +7:00,4 |
| 67 | 1315 | WÖRNER Lisa | GER | TSV Ipsheim | W | 22 | 67 | 0:27:15,5 | +7:05,5 |
| 68 | 2377 | MILLER Larissa | GER | Tannheim | W | 23 | 68 | 0:27:35,5 | +7:25,5 |
| 69 | 2219 | LAUTENSCHLAGER Nadine | GER | TV Memmingen 1859 e.V. Triathlon | W | 24 | 69 | 0:27:39,0 | +7:29,0 |
| 70 | 2337 | STOCK Katja | GER | TSV Wain | WJU20 | 6 | 70 | 0:27:42,6 | +7:32,6 |
| 71 | 2100 | GENTZSCH Franka | GER | DAV Kempten | WJU20 | 7 | 71 | 0:27:43,5 | +7:33,5 |
| 72 | 2064 | TAMMERT Lara | GER | Allgäuer Brotzeitmobil | WKU12 | 6 | 72 | 0:27:49,0 | +7:39,0 |
| 73 | 2280 | SCHRÄTZLMAYER Sarah | GER | TVK Swim Team | WJU14 | 5 | 73 | 0:27:52,2 | +7:42,2 |
| 74 | 2076 | DIETZ Carina | GER | TVK Swim Team | WJU14 | 6 | 74 | 0:27:52,5 | +7:42,5 |
| 75 | 2223 | SCHISLER-VÖHRINGER Brigitte | GER | Kempten | W55 | 3 | 75 | 0:28:00,2 | +7:50,2 |
| 76 | 2275 | HARTMANN Vanessa | GER | Kempten | WJU16 | 8 | 76 | 0:28:03,4 | +7:53,4 |
| 77 | 2046 | HERFERT Anna | GER | TSV Marktoberdorf | WJU20 | 8 | 77 | 0:28:06,0 | +7:56,0 |
| 78 | 2077 | HAF Hanna | GER | TSV Marktoberdorf | WJU20 | 9 | 78 | 0:28:07,4 | +7:57,4 |
| 79 | 2432 | BURGER Claudia | GER | Laufgruppe Eckarts & Co. | W | 25 | 79 | 0:28:07,5 | +7:57,5 |
| 80 | 2431 | MÜLLER Carina | GER | Laufgruppe Eckarts & Co. | W | 26 | 80 | 0:28:07,6 | +7:57,6 |
| 81 | 2342 | FIENER Tanja | GER | Markt Rettenbach | W35 | 3 | 81 | 0:28:10,3 | +8:00,3 |
| 82 | 2087 | BRZAKALA Melanie | GER | Die Steinböcke! | W | 27 | 82 | 0:28:11,1 | +8:01,1 |
| 83 | 2088 | MÜLLER Amelie | GER | Die Steinböcke! | W | 28 | 83 | 0:28:13,7 | +8:03,7 |
| 84 | 2193 | WINTER Anne-Kathrin | GER | Lg Nagel/winter | W | 29 | 84 | 0:28:15,4 | +8:05,4 |
| 85 | 2102 | STOLZ Svenja | GER | Kettershausen | WJU18 | 3 | 85 | 0:28:15,5 | +8:05,5 |
| 86 | 2040 | KICKNER Edeltraut | GER | Baufirma Sonnenberg Kaufbeuren | W55 | 4 | 86 | 0:28:16,3 | +8:06,3 |
| 87 | 2258 | STEINER Heidi | GER | Focus Praxis Team | W45 | 6 | 87 | 0:28:16,5 | +8:06,5 |
| 88 | 2341 | SCHUSTER Nina | GER | TVK Swim Team | WKU12 | 7 | 88 | 0:28:23,2 | +8:13,2 |
| 89 | 2107 | KAPPELER Ramona | GER | Fischen im Allgäu | W | 30 | 89 | 0:28:23,7 | +8:13,7 |
| 90 | 2225 | NIGBUR Sabine | GER | Laufbasis Sonthofen | W45 | 7 | 90 | 0:28:26,8 | +8:16,8 |
| 91 | 2183 | WAIBL Helga | GER | Turnverein 1858 Kaufbeuren e.V. | W50 | 3 | 91 | 0:28:32,4 | +8:22,4 |
| 92 | 2383 | ZWICK Renate | GER | SSV Wertach | W50 | 4 | 92 | 0:28:36,8 | +8:26,8 |
| 93 | 2194 | WINTER Katharina | GER | Lg Nagel/winter | W30 | 8 | 93 | 0:28:37,9 | +8:27,9 |
| 94 | 2160 | SCHRATT Sonja | GER | F+P Training Gmbh | W30 | 9 | 94 | 0:28:40,3 | +8:30,3 |
| 95 | 1350 | BACHMANN Aileen | GER | TVK Swim Team | WKU12 | 8 | 95 | 0:28:40,6 | +8:30,6 |
| 96 | 2106 | WÖHR Valentina | GER | TVK Swim Team | WJU14 | 7 | 96 | 0:28:40,9 | +8:30,9 |
| 97 | 2148 | JEHL Nicole | AUT | AÜW-Laufteam | W35 | 4 | 97 | 0:28:42,8 | +8:32,8 |
| 98 | 2147 | FAZIO Pamela | GER | AÜW-Laufteam | W40 | 5 | 98 | 0:28:44,4 | +8:34,4 |
| 99 | 236 | GEISSENBERGER Sabrina | GER | Allgäuer Waldwichtel | W | 31 | 99 | 0:28:45,2 | +8:35,2 |
| 100 | 1314 | BESLER Ingrid | GER | Waldwichtel | W50 | 5 | 100 | 0:28:48,9 | +8:38,9 |
| 101 | 1316 | BLENK Sabine | GER | Waldwichtel | W45 | 8 | 101 | 0:28:50,8 | +8:40,8 |
| 102 | 2246 | GARBARSKY Eva | GER | TSV Betzigau | WJU14 | 8 | 102 | 0:28:52,9 | +8:42,9 |
| 103 | 2184 | GIESEKE Victoria | GER | Turnverein 1858 Kaufbeuren e.V. | WJU16 | 9 | 103 | 0:28:53,6 | +8:43,6 |
| 104 | 2273 | AUST Nele | GER | TVK Swim Team | WJU14 | 9 | 104 | 0:28:55,2 | +8:45,2 |



5 km - [1 Runde 5 km]

Wertung: Damen

| Platz | StNr | Name | NAT | Verein/Team/Ort | Klasse | Platz | W/M | Gesamtzeit | Rückst. |
|-------|------|--------------------|-----|---|--------|-------|-----|------------|----------|
| 105 | 2070 | TREU Manuela | GER | Dipraxis Kempten | W55 | 5 | 105 | 0:28:57,0 | +8:47,0 |
| 106 | 2082 | LANG Julia | GER | Knallfrösche on Tour | W | 32 | 106 | 0:28:57,9 | +8:47,9 |
| 107 | 2075 | SANNA Jasmin | GER | Focus Praxis Team | W | 33 | 107 | 0:28:58,4 | +8:48,4 |
| 108 | 2033 | BENDEN Nicole | GER | Team Benden | W45 | 9 | 108 | 0:29:07,2 | +8:57,2 |
| 109 | 2288 | HERZALLAH Amani | GER | Laufen in Baden-Württemberg | W40 | 6 | 109 | 0:29:07,3 | +8:57,3 |
| 110 | 2407 | LEITZ Heike | GER | the Running Gags | W45 | 10 | 110 | 0:29:09,8 | +8:59,8 |
| 111 | 2236 | SKALA Rebecca | GER | Waltenhofen | WJU20 | 10 | 111 | 0:29:12,4 | +9:02,4 |
| 112 | 1327 | GÖBL Daniela | GER | Kempten | W40 | 7 | 112 | 0:29:14,1 | +9:04,1 |
| 113 | 2189 | HUHN Susanne | GER | Therapy4U Physiotherapie Kempten & Durach | W | 34 | 113 | 0:29:24,7 | +9:14,7 |
| 114 | 2332 | BARBIST Martina | AUT | Höfen | W35 | 5 | 114 | 0:29:28,0 | +9:18,0 |
| 115 | 1324 | PETRICH Julia | GER | Petrich Metallhandel & Design | WJU18 | 4 | 115 | 0:29:30,2 | +9:20,2 |
| 116 | 2299 | HERMANN Tessa | GER | TSV Sulzberg | WJU16 | 10 | 116 | 0:29:32,6 | +9:22,6 |
| 117 | 2298 | RIETZLER Annika | GER | TSV Sulzberg | WJU16 | 11 | 117 | 0:29:34,3 | +9:24,3 |
| 118 | 1323 | PETRICH Maria | GER | Petrich Metallhandel & Design | W40 | 8 | 118 | 0:29:34,5 | +9:24,5 |
| 119 | 2376 | MAGDIC Sonja | GER | Rückholz | W35 | 6 | 119 | 0:29:36,6 | +9:26,6 |
| 120 | 2305 | STRIEGEL Simone | GER | Wildpoldsried | WJU18 | 5 | 120 | 0:29:37,4 | +9:27,4 |
| 121 | 2185 | LANG Rebecca | GER | Turnverein 1858 Kaufbeuren e.V. | WJU14 | 10 | 121 | 0:29:38,3 | +9:28,3 |
| 122 | 2057 | LUKAC Andrea | GER | Die „Gloreichen“ 7 | W | 35 | 122 | 0:29:43,9 | +9:33,9 |
| 122 | 2058 | SCHIMKAT Sonja | GER | Die „Gloreichen“ 7 | W | 35 | 122 | 0:29:43,9 | +9:33,9 |
| 124 | 2451 | HIEMER Andrea | GER | Emiclara Racing Team | W40 | 9 | 124 | 0:29:54,6 | +9:44,6 |
| 125 | 1309 | FREY Michala | GER | Pforzen | W | 37 | 125 | 0:29:55,7 | +9:45,7 |
| 126 | 2050 | ZEILER Lea | GER | Marktoberdorf | WJU20 | 11 | 126 | 0:29:57,6 | +9:47,6 |
| 127 | 2126 | HARTMANN Anne-Lisa | GER | Ticontract | W | 38 | 127 | 0:30:00,9 | +9:50,9 |
| 128 | 2129 | GONSER Rebecca | GER | SSV Wertach | W | 39 | 128 | 0:30:05,0 | +9:55,0 |
| 129 | 2197 | LERF Nadine | GER | ZR Hörsysteme | W | 40 | 129 | 0:30:06,6 | +9:56,6 |
| 130 | 1302 | LINCKH Nadi | GER | Freiburg im Breisgau | W35 | 7 | 130 | 0:30:07,4 | +9:57,4 |
| 131 | 1307 | HÖBEL Stefanie | GER | Krugzell | W40 | 10 | 131 | 0:30:08,1 | +9:58,1 |
| 132 | 2201 | PABST Claudia | GER | ZR Hörsysteme | W35 | 8 | 132 | 0:30:12,9 | +10:02,9 |
| 133 | 2458 | GRIEPENTROG Heidi | GER | Trunkelsberg | W55 | 6 | 133 | 0:30:13,6 | +10:03,6 |
| 134 | 2233 | BOUZAFFARA Bochra | TUN | Fuchs | W | 41 | 134 | 0:30:14,9 | +10:04,9 |
| 135 | 2028 | FORSTER Renate | GER | Kempten | W45 | 11 | 135 | 0:30:19,3 | +10:09,3 |
| 136 | 2097 | SCHUSSER Melanie | GER | Klinikverbund Kempten-Oberallgäu | W35 | 9 | 136 | 0:30:20,8 | +10:10,8 |
| 137 | 2287 | EGGER Marina | GER | Bad Hindelang | WJU18 | 6 | 137 | 0:30:25,7 | +10:15,7 |
| 138 | 2254 | SCHULZ Kerstin | GER | Oberstaufen | W45 | 12 | 138 | 0:30:28,3 | +10:18,3 |
| 139 | 2450 | WALDHAUSER Julia | GER | RSC AUTO BROSCHE Kempten | WJU18 | 7 | 139 | 0:30:35,1 | +10:25,1 |
| 140 | 2457 | RINGEISEN Mattea | GER | Kempten | WJU18 | 8 | 140 | 0:30:36,1 | +10:26,1 |
| 141 | 2039 | SCHNEIDER Judith | GER | Dietmannsried | W40 | 11 | 141 | 0:30:40,2 | +10:30,2 |
| 142 | 2290 | BÖCK Sandra | GER | Waltenhofen | W | 42 | 142 | 0:30:40,4 | +10:30,4 |
| 143 | 2455 | MAIER Caroline | GER | Mindelheim | W30 | 10 | 143 | 0:30:45,4 | +10:35,4 |
| 144 | 2422 | GESTLE Anna-Sophie | GER | Family Gestle | WJU14 | 11 | 144 | 0:30:46,1 | +10:36,1 |
| 145 | 2293 | SÄMISCH Sabine | GER | Neuhausen auf den Fildern | W30 | 11 | 145 | 0:30:48,9 | +10:38,9 |
| 146 | 2161 | MILDENBERGER Inge | GER | F+P Training Gmbh | W60 | 1 | 146 | 0:30:54,1 | +10:44,1 |
| 147 | 2410 | REGER Manuela | GER | Kempten | W40 | 12 | 147 | 0:30:54,9 | +10:44,9 |
| 148 | 2178 | KAHL Claudia | GER | Aok Kempten-Oberallgäu | W40 | 13 | 148 | 0:30:54,9 | +10:44,9 |
| 149 | 2347 | WIEDMANN Lisa | GER | the Running Gags | W30 | 12 | 149 | 0:30:57,5 | +10:47,5 |
| 150 | 2228 | HEINRICHS Laura | GER | SV Probstried | WKU12 | 9 | 150 | 0:30:57,6 | +10:47,6 |
| 151 | 2297 | RIETZLER Lara | GER | TVK Swim Team | WJU14 | 12 | 151 | 0:30:58,3 | +10:48,3 |
| 152 | 1338 | GÖTZFRIED Silke | GER | FRI-Runners | W45 | 13 | 152 | 0:31:01,2 | +10:51,2 |
| 153 | 2154 | MANG Susi | GER | AÜW-Laufteam | W30 | 13 | 153 | 0:31:16,7 | +11:06,7 |
| 154 | 2353 | MEGGLE Nina | GER | ABT Running Team | W | 43 | 154 | 0:31:18,3 | +11:08,3 |
| 155 | 2355 | GUTHSMUTHS Maiko | GER | ABT Running Team | W | 44 | 155 | 0:31:23,1 | +11:13,1 |
| 156 | 2301 | PRESTEL Julia | GER | Dietmannsried | W | 45 | 156 | 0:31:26,8 | +11:16,8 |



5 km - [1 Runde 5 km]

Wertung: Damen

| Platz | StNr | Name | NAT | Verein/Team/Ort | Klasse | Platz | W/M | Gesamtzeit | Rückst. |
|-------|------|-------------------------|-----|---|--------|-------|-----|------------|----------|
| 157 | 2307 | HERDRICH Sabrina | GER | Biggi's Laufoase | W30 | 14 | 157 | 0:31:31,6 | +11:21,6 |
| 158 | 2096 | HEBERLE Beatrix | GER | Klinikverbund Kempten-Oberallgäu | W40 | 14 | 158 | 0:31:33,8 | +11:23,8 |
| 159 | 2328 | VOGEL Silke | GER | Burg Apotheke Kempten | W50 | 6 | 159 | 0:31:36,6 | +11:26,6 |
| 160 | 2402 | LIEBETRAU Isabell | GER | Team Burgapotheke | W35 | 10 | 160 | 0:31:39,8 | +11:29,8 |
| 161 | 2282 | ROCHA DA COSTA Adriana | BRA | Haldenwang | W40 | 15 | 161 | 0:31:42,8 | +11:32,8 |
| 162 | 2215 | REISACHER Sophia | GER | Süß & Sauer | WJU18 | 9 | 162 | 0:31:43,1 | +11:33,1 |
| 163 | 2277 | HARTMANN Theresa | GER | Kempten | WJU20 | 12 | 163 | 0:31:43,3 | +11:33,3 |
| 164 | 2330 | SCHLECHT Barbara | GER | Kempten | W | 46 | 164 | 0:31:47,1 | +11:37,1 |
| 165 | 2266 | FABINGER Yvonne | GER | Willich | W35 | 11 | 165 | 0:31:56,0 | +11:46,0 |
| 166 | 2447 | CHRISTIANE Guggemos | GER | Reichholzried | W40 | 16 | 166 | 0:31:57,4 | +11:47,4 |
| 167 | 2445 | RICHTER Manuela | GER | Dietmannsried | W45 | 14 | 167 | 0:31:58,3 | +11:48,3 |
| 168 | 2141 | WIEGAND Petra | GER | AÜW-Laufteam | W50 | 7 | 168 | 0:32:04,9 | +11:54,9 |
| 169 | 2303 | HÖBL Lea | GER | Sc Janus. Frontrunner Cologne | W30 | 15 | 169 | 0:32:05,4 | +11:55,4 |
| 170 | 1303 | BÖCK Corinna | GER | Käsefreunde | W | 47 | 170 | 0:32:07,6 | +11:57,6 |
| 171 | 2427 | GATHGE Vindi | GER | Kempten | W40 | 17 | 171 | 0:32:10,6 | +12:00,6 |
| 172 | 2344 | HINDELANG Svenja | GER | Hindis | W | 48 | 172 | 0:32:12,0 | +12:02,0 |
| 173 | 2331 | HINDELANG Marina | GER | Hindis | W | 49 | 173 | 0:32:13,1 | +12:03,1 |
| 174 | 2137 | WEGSCHEIDER Verena | GER | UWT Vital | W30 | 16 | 174 | 0:32:17,6 | +12:07,6 |
| 175 | 2073 | ECHTELER Lisa | GER | Focus Praxis Team | W | 50 | 175 | 0:32:19,8 | +12:09,8 |
| 176 | 2059 | HÜTTMANN Anna | GER | Die „Gloreichen“ 7 | W | 51 | 176 | 0:32:22,4 | +12:12,4 |
| 177 | 2385 | PRATER Monika | GER | Kempten | W50 | 8 | 177 | 0:32:25,3 | +12:15,3 |
| 178 | 1322 | ZIMMERMANN Janine | GER | Wiggensbach | W35 | 12 | 178 | 0:32:26,4 | +12:16,4 |
| 179 | 2062 | KRAMPE Manuela | GER | Laufbasis Allgäu - Berglinge | W55 | 7 | 179 | 0:32:28,3 | +12:18,3 |
| 180 | 2170 | JÄSCHKE Elke | GER | Kempten | W45 | 15 | 180 | 0:32:33,2 | +12:23,2 |
| 181 | 2257 | KIRSTEN Nadine | GER | Tsv Ottobeuren - Leichtathletik | W40 | 18 | 181 | 0:32:34,5 | +12:24,5 |
| 182 | 2425 | LUDWIG Inge | GER | Sportzentrum Woringen / Sportbuck.com | W50 | 9 | 182 | 0:32:38,4 | +12:28,4 |
| 183 | 2424 | LUDWIG Malina | GER | Sportzentrum Woringen / Sportbuck.com | W | 52 | 183 | 0:32:39,1 | +12:29,1 |
| 184 | 2085 | TINES Nadine | GER | Lauben | W35 | 13 | 184 | 0:32:39,1 | +12:29,1 |
| 185 | 2056 | FREHNER Arlene | GER | Die „Gloreichen“ 7 | W30 | 17 | 185 | 0:32:44,1 | +12:34,1 |
| 186 | 2413 | BEßLER- MÖLLER Stefanie | GER | Rettenberg | W30 | 18 | 186 | 0:32:52,1 | +12:42,1 |
| 187 | 2224 | REININGER-WOLF Daniela | GER | Laufbasis Sonthofen | W40 | 19 | 187 | 0:32:55,3 | +12:45,3 |
| 188 | 2031 | NITZSCHE Sandra | GER | Altstädten | W40 | 20 | 188 | 0:32:59,2 | +12:49,2 |
| 189 | 2278 | HALDER Brigitte | GER | Biggis Laufoase | W45 | 16 | 189 | 0:32:59,9 | +12:49,9 |
| 190 | 2281 | KIECHLE Nicole | GER | Laufbasis Allgäu - Bergling | W35 | 14 | 190 | 0:33:14,9 | +13:04,9 |
| 191 | 2229 | HEINRICHS Larissa | GER | SV Probstried | WJU16 | 12 | 191 | 0:33:16,0 | +13:06,0 |
| 192 | 2437 | HERZ Claudia | GER | Lauben | W45 | 17 | 192 | 0:33:27,6 | +13:17,6 |
| 193 | 2118 | WEIXLER Nicola | GER | Kempten | WJU20 | 13 | 193 | 0:33:34,6 | +13:24,6 |
| 194 | 2119 | WEIXLER Birgit | GER | Kempten | W45 | 18 | 194 | 0:33:34,9 | +13:24,9 |
| 195 | 2116 | FIEDLER Anke | GER | Dachser SE | W50 | 10 | 195 | 0:33:39,4 | +13:29,4 |
| 196 | 2406 | LEITZ Annie | GER | the Running Gags | WJU18 | 10 | 196 | 0:33:48,6 | +13:38,6 |
| 197 | 2230 | HEINRICHS Grazyna | GER | SV Probstried | W45 | 19 | 197 | 0:33:53,1 | +13:43,1 |
| 198 | 1331 | THIELE Cora | GER | Böblingen | W35 | 15 | 198 | 0:33:56,4 | +13:46,4 |
| 199 | 2023 | SCHIMPF Cristina | GER | Klinikverbund Kempten-Oberallgäu | W35 | 16 | 199 | 0:33:56,7 | +13:46,7 |
| 200 | 2304 | HÖBL Ramona | GER | Sc Janus. Frontrunner Cologne | W35 | 17 | 200 | 0:34:35,8 | +14:25,8 |
| 201 | 2150 | KLEIN Margit | GER | AÜW-Laufteam | W35 | 18 | 201 | 0:34:56,1 | +14:46,1 |
| 202 | 2112 | BACHMANN Delia | GER | Dachser SE | WKU12 | 10 | 202 | 0:34:57,3 | +14:47,3 |
| 203 | 2292 | SPASZEWSKI Gaby | GER | Dachser SE | W45 | 20 | 203 | 0:35:00,1 | +14:50,1 |
| 204 | 2418 | REISACHER Christine | GER | Süß & Sauer | W50 | 11 | 204 | 0:35:02,5 | +14:52,5 |
| 205 | 2441 | GERBER Anke | GER | Wadenbeißer | W40 | 21 | 205 | 0:35:15,8 | +15:05,8 |
| 206 | 2187 | SERTEL Karin | GER | Therapy4U Physiotherapie Kempten & Durach | W60 | 2 | 206 | 0:35:21,0 | +15:11,0 |
| 207 | 1306 | BUTZ Isabelle | GER | Kempten | W30 | 19 | 207 | 0:35:25,6 | +15:15,6 |
| 208 | 2134 | BISCHLAGER Lisa | GER | Hotel Waldhorn | WJU20 | 14 | 208 | 0:35:37,7 | +15:27,7 |



5 km - [1 Runde 5 km]

Wertung: Damen

| Platz | StNr | Name | NAT | Verein/Team/Ort | Klasse | Platz | W/M | Gesamtzeit | Rückst. |
|-------|------|---------------------------|-----|-------------------------------------|--------|-------|-----|------------|----------|
| 209 | 2232 | JANKOWSKA Agnieszka | POL | Laufbasis Sonthofen | W35 | 19 | 209 | 0:35:39,4 | +15:29,4 |
| 210 | 2135 | KARG Viola | GER | Hotel Waldhorn | W | 53 | 210 | 0:35:40,3 | +15:30,3 |
| 211 | 2419 | REIß Elke | GER | Süß & Sauer | W50 | 12 | 211 | 0:35:45,1 | +15:35,1 |
| 212 | 2442 | SCHMIDT Elfriede | GER | Wadenbeißer | W60 | 3 | 212 | 0:35:47,6 | +15:37,6 |
| 213 | 2438 | GERSTGRASER Laura | GER | Dachser GmbH & Co. KG | WKU12 | 11 | 213 | 0:35:49,8 | +15:39,8 |
| 214 | 2110 | DOMDEY Irmgard | AUT | Laufbasis Sonthofen | W55 | 8 | 214 | 0:35:55,1 | +15:45,1 |
| 215 | 2311 | SCHMIDBERGER Sarah | GER | Memmingen | W | 54 | 215 | 0:35:57,5 | +15:47,5 |
| 216 | 2016 | RAHN Andrea | GER | Wiggensbach | W50 | 13 | 216 | 0:36:02,1 | +15:52,1 |
| 217 | 2391 | OSWALD Jennifer | GER | TVK Swim Team | WKU12 | 12 | 217 | 0:36:10,3 | +16:00,3 |
| 218 | 2053 | BERNSEN Rose | GER | München | W | 55 | 218 | 0:36:37,6 | +16:27,6 |
| 219 | 2171 | KAGERMEIER Kathrin | GER | Durach | W | 56 | 219 | 0:36:38,6 | +16:28,6 |
| 220 | 2104 | BRÜCKNER Teresa | GER | Kempton | W | 57 | 220 | 0:36:38,7 | +16:28,7 |
| 221 | 2089 | KARL Kerstin | GER | Kreis- und Stadtparkasse Kaufbeuren | W | 58 | 221 | 0:36:41,4 | +16:31,4 |
| 222 | 2026 | TÖGEL Lara | GER | M-net | WJU14 | 13 | 222 | 0:36:42,5 | +16:32,5 |
| 223 | 2149 | HOF Clara | GER | AÜW-Laufteam | WJU14 | 14 | 223 | 0:36:43,4 | +16:33,4 |
| 224 | 2019 | HANAUER Susanne | GER | Klinikverbund Kempten-Oberallgäu | W | 59 | 224 | 0:36:43,9 | +16:33,9 |
| 225 | 2021 | LENZ Karolina | GER | Klinikverbund Kempten-Oberallgäu | W35 | 20 | 225 | 0:36:46,4 | +16:36,4 |
| 226 | 2055 | REPAS Cornelia | GER | Die „Gloreichen“ 7 | W30 | 20 | 226 | 0:36:54,0 | +16:44,0 |
| 227 | 2312 | SCHRAG Kathrin | GER | the Running Gags | W30 | 21 | 227 | 0:36:57,7 | +16:47,7 |
| 228 | 2439 | GERSTGRASER Christine | GER | Dachser GmbH & Co. KG | W40 | 22 | 228 | 0:37:16,4 | +17:06,4 |
| 229 | 2361 | KARNITZSCHKY Jessica | GER | Lindau (Bodensee) | W | 60 | 229 | 0:37:17,9 | +17:07,9 |
| 230 | 2204 | RÖCK Larissa | GER | ZR Hörsysteme | W | 61 | 230 | 0:37:21,5 | +17:11,5 |
| 231 | 2198 | MÜLLER Karin | GER | ZR Hörsysteme | W55 | 9 | 231 | 0:37:25,1 | +17:15,1 |
| 232 | 2081 | MÜNSCH Julia | GER | Knallfrösche on Tour | W | 62 | 232 | 0:37:36,0 | +17:26,0 |
| 233 | 2454 | SCHREYER Emily | GER | Mod | WJU14 | 15 | 233 | 0:37:37,4 | +17:27,4 |
| 234 | 2074 | TUSHI Nermine | GER | Focus Praxis Team | W | 63 | 234 | 0:38:19,9 | +18:09,9 |
| 235 | 2350 | WIEDEMANN Sandra | GER | Kempton | W45 | 21 | 235 | 0:38:23,5 | +18:13,5 |
| 236 | 2351 | PRÖBSTLE-STETTLER Barbara | SUI | Kempton | W45 | 22 | 236 | 0:38:23,8 | +18:13,8 |
| 237 | 2251 | KUBOW Ewa | POL | Stuttgart | W35 | 21 | 237 | 0:38:34,4 | +18:24,4 |
| 238 | 2192 | DEVECI Selena | GER | Focus Praxis Kempten | WJU18 | 11 | 238 | 0:39:41,4 | +19:31,4 |
| 239 | 2157 | KEPELER Stefanie | GER | AÜW-Laufteam | W40 | 23 | 239 | 0:40:23,3 | +20:13,3 |
| 240 | 2131 | BUNKE-HEEL Marianne | GER | Hotel Waldhorn | W35 | 22 | 240 | 0:40:49,4 | +20:39,4 |
| 241 | 2449 | HECKERMANN Uta | GER | Waltenhofen | W40 | 24 | 241 | 0:43:12,5 | +23:02,5 |
| 242 | 2444 | KRAUS Petra | GER | Kempton (Allgäu) | W45 | 23 | 242 | 0:43:14,6 | +23:04,6 |
| 243 | 2159 | LUTZENBERGER Brigitte | GER | F+P Training GmbH | W55 | 10 | 243 | 0:46:07,9 | +25:57,9 |
| 244 | 2175 | HERKOMMER Christa | GER | Kempton | W50 | 14 | 244 | 0:47:47,9 | +27:37,9 |
| 245 | 2174 | HERKOMMER Katja | GER | Kempton | WJU20 | 15 | 245 | 0:47:49,4 | +27:39,4 |

